# Latent tuberculosis infection

Updated and consolidated guidelines for programmatic management

# **ANNEX 2**

**Evidence-to-Decision and GRADE tables** 





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Updated and consolidated guidelines for programmatic management

Annex 2. Evidence-to-Decision and GRADE tables



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WHO/CDS/TB/2018.8

# PICO1: What is the prevalence of LTBI, risk of progression to active TB and cumulative prevalence of active TB among household contacts without HIV in different age groups in high TB incidence countries?

Problem	Identification of household contacts for diagnosis and treatment of LTBI	Background For programmatic LTBI management, the risk associated with diagnosing and treating LTBI should be					
Option	Systematic screening and treatment for LTBI among household contacts in specific age groups	weighed against the benefit. Mass population screening and treatment of LTBI are not feasible, because of insensitive tests, high cost, poor sustainability, uncertain cost-effectiveness and risks for serious and fatal side-effects. Therefore, populations at high risk for active TB should be targeted. Accordingly, WHO currently					
Comparison	NA	recommends systematic LTBI screening and treatment for children < 5 years who are household contacts of					
Main outcomes	Prevalence of LTBI, risk of progression to active TB and cumulative prevalence of active TB among household contacts in different age groups	also recommended for children aged ≥ 5 years, adolescents and adults in low-TB incidence countries.  Three systematic reviews were undertaken to determine whether the target age group should be extended					
Setting	High-TB incidence countries (estimated TB incidence rate ≥ 100 per 100 000)	in high-TB incidence countries by measuring three outcomes among household contacts in different age groups: prevalence of LTBI, risk of progression to active TB and cumulative prevalence of active TB. These outcomes were selected because the risk for TB may reflect a higher prevalence of LTBI and an increased risk					
Perspective	Health system and public health	for progression from LTBI to active TB.					

## Assessment

	Judgement	Research evidence	Additional considerations
Problem	Is the problem a priority?  ○ No  ● Yes ○ Varies ○ Don't know	Globally in 2015, there were an estimated 10.4 million incident cases of TB and 1.8 million deaths from TB. Management of LTBI is critical in order to end the global TB epidemic, as stated in the WHO End TB Strategy. Active TB must be excluded before TB preventive treatment is given. Although WHO currently recommends systematic LTBI screening and treatment for household contacts of any age in low-TB incidence countries, it is recommended only for child household contacts < 5 years old in high-TB incidence countries.	
Balance of effects	Do the benefits outweigh the harms?  ● Yes ○ No ○ They are equal ○ Uncertain	We updated three systematic reviews conducted for the previous LTBI guidelines, focusing on household contacts. The first review addressed the prevalence of LTBI among household contacts by age group, the second the risk of progression from LTBI to active TB among household contacts and the third the cumulative prevalence of active TB among household contacts, irrespective of baseline LTBI status. In most of the studies, prevalent TB cases were those identified at the baseline visit, and those identified later were counted as incident cases. The incidence of TB therefore depended on the timing of the baseline visit relative to the diagnosis of the index case; focusing on incident TB cases, therefore, may introduce bias. In the second and the third reviews, both prevalent TB during the baseline visit and incident TB during follow-up were included in the numerator. We estimated the prevalence ratios by comparing the prevalence of LTBI among household contacts by age stratum, with children < 5 years as the reference group.	

# Pooled estimates of prevalence of LTBI among household contacts by age stratum as compared with children < 5 years in high-TB incidence countries (estimated TB incidence rate ≥ 100 per 100 000)

Age group (years)	No. of studies (no. of participants)	Prevalence ratio (95% CI)
0-4	-	1.0 (reference)
5-9	14	1.62 (1.25;2.11)
10-14	11 (18 033)	2.33 (1.55;3.5)
5-14	16 (13 867)	1.32 (1.11;1.56)
≥ 15	19 (28 725)	2.04 (1.53;2.63)

The analysis suggested that the prevalence of LTBI increases with age. Furthermore, we estimated risk ratios for:

- development of active TB among household contacts with LTBI and
- cumulative prevalence of active TB irrespective of baseline LTBI status, by age stratum, with children aged < 5 years as the reference.

The cumulative prevalence of active TB includes cases diagnosed during contact investigations at baseline and incident cases that developed thereafter. The table below summarizes the results of the two analyses.

#### Pooled estimates of risk for active TB among household contacts stratified by age and baseline LTBI status

	Baseline LTBI st	tatus positive	Regardless of baseline LTBI status			
Age (years)	No. of studies (no. of participants)	Risk ratio (95% CI)	No. of studies (no. of participants)	Risk ratio (95% CI)		
0-4	-	1.0 (reference)	-	1.0 (reference)		
5-14	4 (1959)	0.28 (0.12;0.65)	6 (7292)	0.39 (0.18;0.85)		
≥15	3 (5 341)	0.22 (0.08;0.60)	4 (13 620)	0.68 (0.56;0.83)		

The review consistently showed that older household contacts have lower risk of the development of active TB compared to children < 5 years. Furthermore, in the second and the third review, we compared the risk of active TB among household contacts stratified by age groups compared to the general population using year- adjusted national estimated TB incidence from the WHO.

				of developmen general populat		among househo	old contac	cts stratified by	age and ba	seline LTBI	
				Baseline LTBI	status positive			Regardless of basel	line LTBI status		
			Follow-up	p <12 months	Follow-up <	<24 months	Follow-u	up <12 months	Follow-up	<24 months	
Balance of effects		0	No. of studies o. of participants	Risk ratio )	#studies (no. of participants)	Risk ratio (no	#studies . of participar	Risk ratio nts) (	#studies (no. of participar	Risk ratio	
fef		General population	=	1.0 (Reference)	=	1.0 (Reference)	-	1.0 (Reference)	-	1.0 (Reference)	
e 0		0-4	2 (265)	24.32 (0.73-811.02)	3 (585)	22.87 (7.65-68.63)	3 (1930)	25.86 (16.87-39.66)	5 (2 773)	14.8 (9.82-22.3)	
n		5-9	1 (298)	30.98 (14.26-67.31)	1 (298)	15.49 (7.89-30.4)	1 (1 464)	18.39 (9.75-34.68)	1 (1 464)	9.2 (5.55-15.23)	
ala		10-14	1 (363)	55.1 (28.55-106.33)	1 (363)	27.55 (16.16-46.96)	1 (1340)	25.83 (13.97-47.76)	1 (1 340)	12.92 (8.0-20.86)	
ш		5-14	2 (728)	27.13 (17.47-54.07)	3 (1 203)	8.22 (2.3-29.36)	3 (3 067)	24.11 (16.89-34.43)	5 (4 197)	6.29 (2.88-13.72)	
		≥15	1 (3 879)	30.74 (17.46-54.07)	2 (4 450)	13.35 (9.46-18.83)	1 (9 380)	24.68 (14.18-42.98)	3 (10 531)	11.67 (7.55-18.02)	
<b>a</b> )	What is the overall	The results sh population reg			acts have subs	tantially higher	risk of ac	tive TB compare	d to the ge	neral	
Certainty of evidence	certainty of the evidence of effects?  O Very low  Low  Moderate O High O No included studies										
Values	Is there important uncertainty about or variability in how much people value the main outcomes? O Important uncertainty or variability O No important uncertainty or variability Minimal uncertainty	recommendat More than 80 treatment if th	tions. Respo )% of the re hey were in )% would st	onses were avai spondents repo contact with a p	lable from 142 orted that they operson with act	respondents w would strongly tive TB in the ho	th a medi or somew ousehold.	of individuals aff ian age of 46 yea hat prefer to rec Similarly, of 59 r t to their childre	ars (IQR: 37 ceive TB pro respondent	7-54 years). eventive s with children,	Concern about whether the respondents in the online survey correctly reflect the values of clients.

Resources required	How large are the resource requirements (costs)?  Greater resource requirements with the intervention  Less resource requirements with the intervention  Neither greater nor less  Varies  Don't know		National programmes could build upon existing programmes for children < 5 years, which could reduce the additional resource requirements.
Cost effectiveness	Does the cost- effectiveness of the  intervention favour  the intervention or the  comparison?  Favours the  comparison  Favours neither the  intervention nor the  comparison  Favours the  intervention  Varies  No included studies	A systematic review of the cost-effectiveness of management of LTBI was undertaken for the 2015 WHO LTBI guidelines. The review covered six studies on contacts of patients with active TB, all in low-TB incidence countries; none provide the specific age groups of contacts. These studies suggested that screening and treatment of LTBI among contacts may save costs for the health care system and/or have a favourable incremental cost-effectiveness ratio.	Cost-effectiveness data from low-TB incidence countries may not be applicable to high-TB incidence countries, where the risk for re-infection is high. However, the GDG noted data suggesting the durability of protection in high-TB incidence countries.  A recent modelling study suggested that preventive treatment without LTBI testing is cost-effective for child contacts < 5 years old (1).
Equity	What would be the impact on health equity? O Reduced Increased Varies Don't know		

Acceptability	Is the intervention acceptable to key stakeholders?  O No Yes O Varies O Don't know	Might be acceptable to key stakeholders, including health workers and programme managers; however, extension of the target age group might add a burden for national programmes that are struggling even to provide preventive treatment for child household contacts < 5 years.
Feasibility	Is the intervention feasible to implement?  O No O Yes Varies O Don't know	Depends on setting, health infrastructure (e.g. availability of test and drugs) and population groups (e.g. adolescents).

# Summary of judgements

				Judgement				Implications
Problem	No			Yes		Varies	Unknown	
Balance of effects	No		Equal	Yes			Uncertain	
Certainty of evidence	Very low	Low	Moderate	High			No included studies	
Values	Important uncertainty or variability		Minimal uncertainty	No important uncertainty or variability				
Resources required	Greater		Neither greater nor less		Less	Varies	Unknown	
Cost-effectiveness	Favours the comparison		Favours neither the intervention nor the comparison		Favours the intervention	Varies	No included studies	
Equity	Reduced				Increased	Varies	Unknown	
Acceptability	No			Yes		Varies	Unknown	
Feasibility	No			Yes		Varies	Unknown	

# Conclusions

What is the prevalence of LTBI, risk of progression to active TB, and cumulative prevalence of active TB among household contacts without HIV in different age groups in high TB incidence countries?

Recommendation	In favour of ⊠	Against	No recommendation							
Strength of recommendation	Strong	Conditional ⊠								
Recommendation	pulmonary TB who are found not to have active TB by (Conditional recommendation, low-quality evidence.)	5 years, adolescents and adults who are household cont an appropriate clinical evaluation or according to nation essment of the intensity of and risk for exposure, the risk for	al guidelines may be given TB preventive treatment.							
Justification	The GDG agreed that, overall, the potential benefits of preventive treatment for household contacts outweigh the harm, regardless of age, given the high risk for levelopment of active TB disease. The GDG also noted that the balance of benefits and harm depends on confirmation of infection by LTBI testing, and the benefits would be greater in household contacts with a positive LTBI test.  There was overall consensus that more resources would be required and lack of evidence on cost-effectiveness. A systematic review suggested that screening and reatment of LTBI among contacts may save costs for the health care system or have a favourable incremental cost-effectiveness ratio. However, six of the studies were conducted in low-TB incidence countries, and the GDG noted that the results are not applicable in high-TB incidence countries, where the risk for re-infection is high. The GDG also noted evidence for the durability of protection in high-TB incidence countries. The GDG further noted that national programmes could build pon existing programmes for children < 5 years, which could reduce the additional resources required.  There was general consensus that preventive treatment for household contacts could be acceptable to key stakeholders, including health workers and programme hanagers, although extension of the target age group could add a burden to national programmes that are struggling even to implement preventive treatment for hildren < 5 years.									
Subgroup considerations										
Implementation considerations	In order to ensure that the benefits of preventive treatment outweigh the harm, careful clinical assessment of the intensity of and risk for exposure, of the risk for development of active TB and/or with LTBI testing are required. Active TB must be excluded before preventive treatment is given. It is important to provide support for adherence adapted to the local context to ensure completion of treatment. This may be particularly challenging for certain populations such as adolescents. The support should take into account their needs.  National programmes should ensure the availability of tests and drugs and properly train health care workers to provide preventive treatment for household contacts of all ages.									
Monitoring and evaluation										
Research priorities	Methods to improve adherence and completion rate.  Implementation research to improve effectiveness and efficiency of managing household contacts (e.g. household-based intervention to reduce barriers).  Development of diagnostic tests with improved performance and predictive value for reactivation of TB.  Durability of protection by preventive treatment in TB endemic settings.									

#### **GRADE tables: SR1**

# SR1. Risk for LTBI among household contacts by age stratum: high-TB incidence countries

		Quality as	ssessment			No. LTBI+/	'no. tested	Eff	fect		Importance	
No. of studies	Design	Risk of bias	Inconsistency	Indirectness	Imprecision	Comparator	0-5 years	RR (95% CI)	Absolute per 1000 (95% CI)	Quality		
AGE GROUPS COMPARED: 5-10 YEARS VS 0-5 YEARS												
14 studies (2-15)	Cross- sectional	Not serious <sup>1,2</sup>	Serious <sup>3</sup>	Not serious	Not serious <sup>4</sup>	2265/ 8507	1298/ 9526	1.62 (1.25;2.11)	85.1 (34.2;151.1)	Moderate	Important	
AGE GROUPS COMPARED: 10-15 YEARS VS 0-5 YEARS												
11 studies (2,4,6,8,9, 10-15)	Cross- sectional	Not serious <sup>5</sup>	Serious <sup>6</sup>	Not serious	Not serious <sup>7</sup>	2616/ 6782	1093/ 9005	2.33 (1.55;3.5)	161.6 (67.2;303.3)	Moderate	Important	
AGE GROUPS (	COMPARED: 5-	-15 YEARS VS 0	-5 YEARS									
16 studies <sup>8</sup>	Cross- sectional	Serious <sup>9</sup>	Serious <sup>10</sup>	Not serious	Not serious <sup>11</sup>	3709/ 8772	1605/ 5095	1.32 (1.11;1.56)	99.7 (34.9;176.5)	Low	Important	
AGE GROUPS	COMPARED: >	15 YEARS VS 0-	-5 YEARS									
19 studies¹²	Cross- sectional	Not serious <sup>13</sup>	Serious <sup>14</sup>	Not serious	Not serious <sup>15</sup>	13218/ 21962	1979/ 6763	2.04 (1.53;2.63)	293.9 (155.1;475.7)	Moderate	Important	

Potential selection bias in (3), as only 69% of participants were household contacts.

<sup>&</sup>lt;sup>2</sup> Potential misclassification: Eight studies (4–6,8,11,12,14,15) did not indicate whether household contacts with active TB were excluded from the analysis or did not provide sufficient data for calculation of the number of household contacts with active TB per age stratum.

<sup>&</sup>lt;sup>3</sup> High heterogeneity among studies (l<sup>2</sup> = 94%), probably due to differences in background TB incidence. The risk ratios of two studies (2,6) showed opposite effects.

<sup>&</sup>lt;sup>4</sup> Small sample size in (6) (n < 50).

<sup>5</sup> Potential misclassification: Reports of seven studies (4,6,8,11,12,14,15) did not indicate whether household contacts with active TB were excluded from the analysis or did not provide sufficient data for calculation of the number of household contacts with active TB per age stratum.

<sup>6</sup> High heterogeneity among studies (1² = 97%) probably due to differences in background TB incidence. The risk ratio in one study (6) showed opposite effect.

Wide 95% CI of pooled risk ratio. Small sample size in (6) (n < 50) and (13) (n < 100).

<sup>&</sup>lt;sup>8</sup> Studies included: (4,6,9,11,13,16-26).

<sup>&</sup>lt;sup>9</sup> Potential selection bias in (17), as only 89% of participants were household contacts.

<sup>10</sup> High heterogeneity among studies (I<sup>2</sup> = 93%), probably due to differences in background TB incidence. The risk ratios in three studies (6,19,21) showed opposite effects.

<sup>&</sup>lt;sup>11</sup> Small sample size in (6) and (18) (n < 50).

<sup>&</sup>lt;sup>12</sup> Studies included: (4-6,9-11,13-16,19-27).

Potential misclassification: The reports of ten studies (4-6,11,14,15,20,21,24,27) did not indicate whether household contacts with active TB were excluded from the analysis or did not provide sufficient data for calculation of the number of household contacts with active TB per age stratum.

<sup>&</sup>lt;sup>14</sup> High heterogeneity among studies (I<sup>2</sup> = 98%), probably due to differences in background TB incidence.

<sup>15</sup> Small sample size in 6 and 27 (n < 100).

SR2

## SR2. Development of active TB disease in household contacts with LTBI in high-TB incidence countries

	Quality assessment							No. of contacts (active TB/LTBI)		Effect		Importance
No. of studies	Design	Risk of bias	Limitations	Inconsistency	Indirectness	Imprecision	Comparator	0-5 years	RR (95% CI)	Absolute per 1000 (95% CI)	Quality	Importance
AGE GROUPS	AGE GROUPS COMPARED: 5-15 YEARS VS 0-5 YEARS											
4 (9,14,17,23)	Cohort	Not serious	Not serious	Serious <sup>1</sup>	Not serious	Serious <sup>2</sup>	54/1329	73/630	0.28 (0.12;0.65)	83.8 (40.3;102.3)	Low	Critical
AGE GROUPS	AGE GROUPS COMPARED: > 15 YEARS VS 0-5 YEARS											
3 (9,14,23)	Cohort	Not serious	Not serious	Serious <sup>3</sup>	Not serious	Not serious	186/4746	73/595	0.22 (0.08;0.60)	95.5 (49.1;112.6)	Moderate	Critical

Because there were few studies in the other categories, only data from studies in high-TB incidence countries with a follow-up of 1-2 years are presented in the table.

#### SR3

# SR3. Cumulative prevalence of active TB in household contacts, irrespective of baseline LTBI status, in high-TB incidence countries

	Quality assessment								Effect		Quality	Importance
No. of studies	Design	Risk of bias	Limitations	Inconsistency	Indirectness	Imprecision	Comparator	0-5 years	RR (95% CI)	Absolute per 1000 (95% CI)	r	importance
AGE GROUPS	AGE GROUPS COMPARED: 5-15 YEARS VS 0-5 YEARS											
6 (9,14,17,18, 23,28) <sup>1</sup>	Cohort	Not serious	Not serious	Serious <sup>2</sup>	Not serious	Not serious	131/4389	203/2903	0.39 (0.18;0.85)	42.9 (10.6;57.6)	Moderate	Important
AGE GROUPS	AGE GROUPS COMPARED: > 15 YEARS VS 0-5 YEARS											
4 (9,14,23,28)	Cohort	Not serious	Not serious	Not serious	Not serious	Not serious	417/10856	192/2764	0.68 (0.56;0.83)	22 (12.1;30.3)	High	Important

Because there were few studies in the other categories, only data from studies in high-TB incidence countries with a follow-up of 1-2 years are presented in the table.

Serious inconsistencies due to heterogeneity ( $l^2 = 71\%$ ). One study showed an increased risk in the age group 5-15 years. This was not observed in the other studies.

Few events

<sup>&</sup>lt;sup>3</sup> High heterogeneity among studies (I<sup>2</sup> = 89.3%), probably due to differences in background TB incidence and methods used for diagnosis of active TB.

<sup>1</sup> One outlier study (29) was excluded because of uncertainty about the cases that were included (co-prevalent vs incident cases).

<sup>&</sup>lt;sup>2</sup> High heterogeneity among studies (I<sup>2</sup> = 87.6%), probably due to differences in background TB incidence.

# Comparison with the general population for SR2

Development of active TB disease in household contacts with LTBI in high-TB incidence countries Comparison with the general population (follow-up, 12 months)

		Quality as	sessment				contacts 3/no. LTBI)	Eff	ect	01:4	lanantana	
No. of studies	Design	Risk of bias	Inconsistency	Indirectness	Imprecision	Comparator	General population <sup>1</sup>	RR (95% CI)	Absolute per 1000 (95% CI)	Quality	Importance	
COMPARISON	: HOUSEHOLD	CONTACTS AG	ED 0-5 YEARS	VS GENERAL PO	OPULATION							
2 (9,17)	Cohort	Serious <sup>2</sup>	Serious <sup>3</sup>	Not corious	Vory corious <sup>4</sup>	0/35	41/10 000	24.32 (0.73;811.02)	24.32	63	Varylou	Critical
2 (9,17)	Conort	Serious	Serious	Not serious	Very serious <sup>4</sup>	32/230	13/10 000		(-0.7;2187.1)	Very low	Critical	
COMPARISON	: HOUSEHOLD	CONTACTS AG	ED 5-9 YEARS	VS GENERAL PO	OPULATION							
1 (9)	Cohort	Serious <sup>2</sup>	Not serious	Not serious	Serious <sup>6</sup>	12/298	13/10 000	30.98 (14.26;67.31)	39 (17.2;86.2)	Low	Critical	
COMPARISON	: HOUSEHOLD	CONTACTS AG	ED 10-14 YEAR	S VS GENERAL	POPULATION							
1 (9)	Cohort	Serious <sup>2</sup>	Not serious	Not serious	Serious <sup>6</sup>	26/363	13/10 000	55.1 (28.55; 106.33)	70.3 (35.8;136.9)	Low	Critical	
COMPARISON	: HOUSEHOLD	CONTACTS AG	ED 5-15 YEARS	VS GENERAL P	OPULATION							
2 (0 17)	Cohort	Serious <sup>2</sup>	Not serious <sup>5</sup>	Not serious	Serious <sup>6</sup>	4/67	41/10 000	27.13	70.5	Low	Critical	
2 (9,17)	Conort	Serious	not serious	Not serious	Serious	38/661	13/10 000	(17.47;54.07)	(21.3;220.7)	LOW	Critical	
COMPARISON: HOUSEHOLD CONTACTS AGED > 15 YEARS VS GENERAL POPULATION												
1 (9)	Cohort	Serious <sup>2</sup>	Not serious	Not serious	Serious <sup>6</sup>	155/3879	13/10 000	30.74 (17.46;54.07)	38.7 (21.4;69)	Low	Critical	

<sup>&</sup>lt;sup>1</sup> LTBI does not apply to the general population.

<sup>&</sup>lt;sup>2</sup> Ascertainment bias highly likely. TB cases in the general population detected passively, while TB cases in the contacts detected actively; therefore, relative and absolute risks might be overestimated. The composition of the general and the study populations differs (general population of all ages versus a specific age group).

<sup>&</sup>lt;sup>3</sup> High heterogeneity (I<sup>2</sup> = 83.9%) among studies, probably due to differences in background TB incidence.

<sup>&</sup>lt;sup>4</sup> Serious imprecision with a wide 95% CI for the effect estimates, probably due to the small study size and number of outcome events.

<sup>5</sup> I<sup>2</sup> = 72.5%, indicating moderate heterogeneity, probably due to differences in background TB prevalence; however, there is a trend across age groups and studies.

<sup>&</sup>lt;sup>6</sup> Few events and wide 95% CI.

# Development of active TB disease in household contacts with LTBI in high-TB incidence countries Comparison with the general population (follow-up $\leq$ 24 months)<sup>1</sup>

		Quality as	ssessment				ontacts 3/no. LTBI)	Eff	ect	Quality	Importance
No. of studies	Design	Risk of bias	Inconsistency	Indirectness	Imprecision	Comparator	General population <sup>2</sup>	RR (95% CI)	Absolute per 1000 (95% CI)	Quality	in portunity
COMPARISON	: HOUSEHOLD	CONTACTS AG	ED 0-5 YEARS	VS GENERAL PO	OPULATION						
						0/35	82/10 000				
3 (9,17,23)	Cohort	Serious <sup>3</sup>	Serious <sup>4</sup>	Not serious	Serious⁵	26/320	41/10 000	22.87 (7.65; 68.63)	108.6 (33;334.6)	Very low	Important
						32/230	26/10 000	00.03)	(33,334.0)		
COMPARISON	: HOUSEHOLD	CONTACTS AG	ED 5-9 YEARS	VS GENERAL PO	PULATION						
1 (9)	Cohort	Serious <sup>3</sup>	Not serious	Not serious	Serious⁵	12/298	26/10 000	15.49 (7.89;30.4)	37.7 (17.9;76.4)	Low	Important
COMPARISON	: HOUSEHOLD	CONTACTS AG	ED 10-14 YEAR	S VS GENERAL	POPULATION						
1 (23)	Cohort	Serious <sup>3</sup>	Not serious	Not serious	Serious⁵	26/363	26/10 000	27.55 (16.16;46.96)	69 (39.4;119.5)	Low	Important
COMPARISON	: HOUSEHOLD	CONTACTS AG	ED 5-15 YEARS	VS GENERAL P	OPULATION						
						4/67	82/10 000				
3 (9,17,23)	Cohort	Serious <sup>3</sup>	Serious <sup>6</sup>	Not serious	Serious <sup>5</sup>	6/475	41/10 000	8.22 (2.3;29.36)	35.8 (6.5;140.8)	Very low	Important
						38/661	26/10 000	(2.3,29.30)	(0.5,140.8)		
COMPARISON	: HOUSEHOLD	CONTACTS AG	ED > 15 YEARS	VS GENERAL PO	OPULATION						
2 (0.22)	Cabaut	C3	Nict conicus7	Nat assisus	Not contour	26/571	41/10 000	13.35	41.4	Madauaka	luan autant
2 (9,23)	Cohort	Serious <sup>3</sup>	Not serious <sup>7</sup>	Not serious	Not serious	155/3879	26/10 000	(9.46;18.83)	(28.3;59.7)	Moderate	Important

<sup>1</sup> These comparisons are based on studies with a maximum follow-up of 24 months. The TB incidence in the general population was multiplied by a factor of 2 to estimate the number of cases occurring during 24 months.

<sup>&</sup>lt;sup>2</sup> LTBI does not apply to the general population.

<sup>3</sup> Ascertainment bias highly likely, because TB cases in the general population detected passively, while TB cases in the contacts detected actively. As a result, the relative and absolute risks might be overestimated. The composition of the general and study populations differs (general population of all ages versus a specific age group). The TB incidence in the population was estimated by multiplying the yearly notification rate by a factor of 2.

<sup>&</sup>lt;sup>4</sup> High heterogeneity among studies (I<sup>2</sup> = 84.4%), probably due to differences in background TB incidence.

<sup>&</sup>lt;sup>5</sup> Few events and wide 95% CI.

<sup>6</sup> I<sup>2</sup> = 88.1%, indicating high heterogeneity, probably due to differences in background TB prevalence; however, there is a trend across age groups and studies.

<sup>&</sup>lt;sup>7</sup> I<sup>2</sup> = 16%.

# Comparison with the general population for SR3

Cumulative prevalence of active TB in household contacts, irrespective of baseline LTBI status, in high-TB incidence countries Comparison with the general population (follow-up of 12 months)

		Quality as	ssessment			No. of c	ontacts al no. contacts)	Eff	ect	Ouglitu	lana auton a a
No. of studies	Design	Risk of bias	Inconsistency	Indirectness	Imprecision	Comparator	General population	RR (95% CI)	Absolute risk per 1000 (95% CI)	Quality	Importance
COMPARISON	: HOUSEHOLD	CONTACTS AG	ED 0-5 YEARS	VS GENERAL PO	OPULATION						
						2/31	28/10 000	25.86 (16.87;39.66)			
3 (9,17,18)	Cohort	Serious <sup>1</sup>	Not serious <sup>2</sup>	Not serious	Serious <sup>3</sup>	9/108	41/10 000		68 (43.4;105.7)	Low	Important
						73/1791	13/10 000	(10.07,07.00)			
COMPARISON	: HOUSEHOLD	CONTACTS AG	ED 5-9 YEARS	VS GENERAL PO	PULATION						
1 (9)	Cohort	Serious <sup>1</sup>	Not serious	Not serious	Serious <sup>3</sup>	35/1464	13/10 000	18.39 (9.75;34.68)	22.6 (11.4;43.8)	Low	Important
COMPARISON	: HOUSEHOLD	CONTACTS AG	ED 10-14 YEAR	S VS GENERAL	POPULATION						
1 (9)	Cohort	Serious <sup>1</sup>	Not serious	Not serious	Serious <sup>3</sup>	45/1340	13/10 000	25.83 (13.97;47.76)	32.3 (16.9;60.8)	Low	Important
COMPARISON	: HOUSEHOLD	CONTACTS AG	ED 5-15 YEARS	VS GENERAL P	OPULATION						
						8/102	28/10 000				
3 (9,17,18)	Cohort	Serious <sup>1</sup>	Not serious <sup>2</sup>	Not serious	Serious <sup>3</sup>	16/161	41/10 000	24.11 (16.89;34.43)	63.2 (43.4;91.4)	Low	Important
						80/2804	13/10 000	(10.07,54.43)	(43.4,71.4)		
COMPARISON	: HOUSEHOLD	CONTACTS AG	ED > 15 YEARS	VS GENERAL PO	OPULATION						
1 (9)	Cohort	Serious <sup>1</sup>	Not serious	Not serious	Not serious	301/9380	13/10 000	24.68 (14.18;42.98)	30.8 (17.1;54.6)	Moderate	Important

Ascertainment bias highly likely, because TB cases in the general population detected passively, while TB cases in the contacts detected actively. As a result, the relative and absolute risks might be overestimated. The composition of the general and study populations differs (general population of all ages versus a specific age group).

 $<sup>^{2}</sup>$   $I^{2} = 0\%$ .

<sup>&</sup>lt;sup>3</sup> Few events and wide 95% CI.

# Cumulative prevalence of active TB in household contacts, irrespective of baseline LTBI status, in high-TB incidence countries Comparison with the general population (follow-up of 24 months)<sup>1</sup>

		Quality a	ssessment				contacts al no. contacts)	Е	ffect	Ovality	luan autan aa
No. of studies	Design	Risk of bias	Inconsistency	Indirectness	Imprecision	Comparator	General population	RR (95% CI)	Absolute risk per 1000 (95% CI)	Quality	Importance
COMPARISON	: HOUSEHOLD	CONTACTS AG	ED 0-5 YEARS	VS GENERAL PO	OPULATION						
						2/31	55/10 000				
F (0.1710						37/335	100/10 000	14.0	02.0		
5 (9,17,18, 23,28)	Cohort	Serious <sup>2</sup>	Not serious <sup>3</sup>	Not serious	Serious <sup>4</sup>	9/108	82/10 000	14.8 (9.82;22.3)	83.9 (53.6;129.5)	Low	Important
23,23)						55/508	41/10 000	(7.02,22.0)	(33.0,123.3)		
						73/1791	26/10 000				
COMPARISON	: HOUSEHOLD	CONTACTS AG	SED 5-9 YEARS	VS GENERAL PO	OPULATION						
1 (9)	Cohort	Serious <sup>2</sup>	Not serious	Not serious	Serious <sup>4</sup>	35/1464	26/10 000	9.2 (5.55;15.23)	21.3 (11.8;37)	Low	Important
COMPARISON	: HOUSEHOLD	CONTACTS AG	SED 10-14 YEAR	S VS GENERAL	POPULATION						
1 (9)	Cohort	Serious <sup>2</sup>	Not serious	Not serious	Serious <sup>4</sup>	45/1340	26/10 000	12.92 (8.0;20.86)	31 (18.2;51.6)	Low	Important
COMPARISON	: HOUSEHOLD	CONTACTS AG	ED 5-15 YEARS	VS GENERAL P	OPULATION						
						8/102	55/10 000				
						5/439	100/10 000				
5 (9,17,18, 23,28)	Cohort	Serious <sup>2</sup>	Serious <sup>5</sup>	Not serious	Not serious	16/161	82/10 000	6.29 (2.88;13.72)	32.2 (11.4;77.4)	Low	Important
23,20)						10/691	41/10 000	(2.00,13.72)			
						80/2804	26/10 000				
COMPARISON	: HOUSEHOLD	CONTACTS AG	ED > 15 YEARS	VS GENERAL PO	OPULATION						
						34/432	100/10 000	44.47			
3 (9,23,28)	Cohort	Serious <sup>2</sup>	Not serious <sup>6</sup>	Not serious	Not serious	49/719	41/10 000	11.67 (7.55:18.02)	59.4 (36.5;94.7)	Moderate	Important
						301/9380	26/10 000	(133,10.02)			

<sup>1</sup> These comparisons were made in studies with a maximum follow-up of 24 months. The TB incidence in the general population was multiplied by a factor of 2 to estimate the number of cases occurring during 24 months.

<sup>&</sup>lt;sup>2</sup> Ascertainment bias highly likely, because TB cases in the general population detected passively, while TB cases in the contacts detected actively. As a result, the relative and absolute risks might be overestimated. The composition of the general and study populations differs (general population of all ages versus a specific age group), and the TB incidence in the population was estimated by multiplying the yearly notification rate by a factor of 2.

 $<sup>^{3}</sup>$  Moderate heterogeneity among studies ( $I^{2}$  = 67.1%), probably due to differences in background TB incidence.

<sup>&</sup>lt;sup>4</sup> Few events and wide 95% CI.

<sup>&</sup>lt;sup>5</sup> High heterogeneity among studies (I<sup>2</sup> = 87.5%), probably due to differences in background TB incidence.

<sup>&</sup>lt;sup>6</sup> Moderate heterogeneity among studies (I<sup>2</sup> = 72.5%), probably due to differences in background TB incidence.

# PICO2: What is the accuracy of WHO symptomatic screening to exclude active TB in individuals with HIV on antiretroviral treatment (ART)?

Population:	People living with HIV on ART	Background
Intervention:	WHO-recommended four-symptom screening plus abnormal chest radiography.  Positive symptom screening defined as presence of any of four symptoms; for adults and adolescents: cough of any duration, weight loss, night sweats or fever; for children: poor weight gain, fever, current cough or history of contact with a TB case.	Active TB must be excluded before TB preventive treatment is given. Since 2011, WHO has recommended use of a four-symptom screening rule – current cough, weight loss, night sweats and fever – to exclude active TB in people living with HIV before initiating TB preventive treatment.
Role of the test:	Rule out active TB before giving preventive treatment.	This policy has contributed to wider use of preventive
Linked treatments:	Screening negative → TB preventive treatment.	treatment globally, with almost 1 million recipients in 2015.
Anticipated outcomes:	True positive: Correct identification of an individual with active TB who should have further investigations.  False negative: Incorrect identification of an individual with active TB as not having TB.  True negative: Correct identification of an individual as not having active TB.  False positive: Incorrect identification of an individual as requiring further investigations when they are actually TB negative.	Since the recommendation was established in 2011, there has been a significant increase in coverage with ART, and recent studies have shown an additive effect of TB preventive treatment and ART.
Setting:	High-TB incidence countries (estimated TB incidence rate ≥ 100 per 100 000).	
Perspective:	Health system and public health.	
Subgroups:		

## Assessment

	Judgement	Research e	vidence								Additional considerations
Problem	Is the problem a priority?  ○ No  ● Yes ○ Varies ○ Don't know	million dea treatment	nost frequent cause of HIV// aths among people living wit is one of the key collaborativ 80% and by up to 60% amor is given.	entive ence							
	How accurate is the test?  ○ Very inaccurate  ○ Inaccurate  ● Accurate	rule to exc	icted a systematic review to clude active TB before prever d by ART status, as the aim o	ntive treat	ment in HIV-positive	e people. Where pos					
	<ul><li>Very accurate</li><li>Varies</li></ul>	Subgroup	Type of screening	No. of studies	Pooled sensitivity (%) (95% CI)	Pooled specificity (%) (95% CI)	Neg		lictive val Ilence (%		
	O Don't know			studies	(70) (9370 CI)	(%) (95% CI)	1	5	10	20	
		On ART	Symptom screening alone	7	51.0 (28.4;73.2)	70.7 (47.8;86.4)	99.3	96.5	92.8	85.2	
			Symptom screening plus abnormal chest radiography	2	84.6 (69.7;92.9)	29.8 (26.3;33.6)	99.5	97.4	94.6	88.6	
			Symptom screening alone	15	89.3 (82.6;93.6)	27.2 (17.3;40.0)	99.6	98.0	95.8	91.1	
ıcy		Not on ART	Symptom screening plus abnormal chest radiography	5	94.3 (76.2;98.8)	20.1 (7.6;43.8)	99.7	98.5	97.0	93.4	
Test accuracy		Pregnant women	Symptom screening alone	4	27.1 (16.3;41.7)	82.4 (79.1;85.2)	99.1	95.6	91.1	81.9	
Tes		Children	Symptom screening alone	1	100 (76.8;100)	4.3 (1.8;8.7)	100	100	100	100	
		ART. Any the other. (from 55% studies of 69.7;92.9) decreased screening  Across stuand 11.3%	es provided data on the com chest radiography abnormal Both studies showed increas 6 to 26% and 55% to 37%) we the combination of abnormal was higher than that with the 1 (29.8%, 95% CI 26.3;33.6 we type were both statistically studies, the median prevalence (IQR: 6.7-16.1%), respective screening rule is 99.3%, and	ity was us sed sensit vith the ad al chest ra se sympto vs 55.5%, significan e of TB am sly. When	sed in one study and ivity (from 60% to 8 ddition of abnormal or idiography plus the form screening rule alcompts. See See See See See See See See See Se	chest radiography a 88% and 53% to 80% chest radiography. Tour-symptom screer one (52.2%, 95% CIThe differences in second on and not on A 3 is 1.0%, the negative	bnorma %) and on the pool ning rule 38.0;66 ensitivity	ality suggedecrease ed sensite (84.6% 6.0); how y and sports 1.5% (I ctive val	gestive o d specifi tivity in t o, 95% C vever, spe ecificity l	f TB in city he I cecificity py 3.5%)	

Do the benefits outweigh the harms?

- Yes
- O No
- Equal
- O Uncertain

The anticipated desirable effect of screening is correct identification of PLHIV who do not have active TB and are thus eligible for TB preventive treatment (true negatives). The other desirable effect is correct identification of those with TB who would be confirmed by subsequent investigations (true positives). The anticipated undesirable effect is incorrect classification of an individual with TB as not having TB (false negatives), as this would lead to inappropriate treatment of active TB by a preventive treatment regimen. In addition, individuals who screen positive would have to undergo further investigations for TB when they are actually TB negative (false positives).

#### Adults and adolescents on ART

C i t	T	To at we sould a	Effect pe	er 1000 individuals	screened	Quality of	
Screening type	Test accuracy	Test results	Prevalence 1%	Prevalence 5%	Prevalence 10%	evidence	
	Sensitivity	True positive	5 (3-7)	26 (14-37)	51 (28-73)	$\oplus \oplus \bigcirc \bigcirc$	
	(%): 51.0 (28.4;73.2)	False negative	5 (3-7)	24 (13-36)	49 (27-72)	Low	
Symptom screening alone	Specificity	True negative	700 (473-855)	672 636 (454-821) (430-778)		$\oplus \oplus \bigcirc \bigcirc$	
	(%): 70.7 (47.8;86.4)	False positive	290 (135-517)	278 (129-496)	264 (122-470)	Low	
	Sensitivity	True positive	8 (7-9)	42 (35-46)	85 (70-93)	$\oplus \oplus \oplus \bigcirc$	
Symptom	(%): 84.6	False negative	2 (1-3)	8 (4-15)	15 (7-30)	Moderate	
screening plus abnormal chest	(69.7;92.9) Specificity	True negative	295 (260-327)	283 (250-314)	268 (237-297)	$\oplus \oplus \oplus \oplus$	
radiography	(%): 29.8 (26.3;33.6)	False positive	695 (663-30)	667 (636-700)	632 (603-663)	High	

By adding abnormal chest radiography, more patients would have to undergo investigations when they don't have TB. They might be lost to follow-up during investigations and miss an opportunity to be started on preventive treatment. Use of chest radiography could reduce concern of health workers about development of drug resistance.

In the studies included in the review, the median prevalence of TB was 1.5% among PLHIV on ART. Accordingly, in a hypothetical population of 1000 PLHIV and at a TB prevalence of 1%, symptom screening alone would wrongly classify five TB patients as not having TB and being put on TB preventive treatment, while symptom screening plus abnormal chest radiography would wrongly put only two TB patients on preventive treatment.

At a TB prevalence of 1%, symptom screening alone would require TB investigations for 58 extra non-TB patients for every TB case identified. Similarly, when symptom screening plus abnormal chest radiography were used, the number of HIV-positive people requiring TB investigations would increase (87 extra non-TB patients for every TB case identified).

Evidence of accuracy	What is the overall certainty of the evidence of test accuracy? ○ Very low ● Low ○ Moderate ○ High ○ No included studies	A systematic review was conducted, which identified two cross-sectional studies of the WHO-recommended four-symptom screening rule plus abnormal chest radiography. The studies involved 646 participants, of whom 39 (6.0%) had active TB.  The quality of the evidence for true positive-false negatives was considered moderate because of serious imprecision, while that for true negative-false negative was high. In view of the moderate quality of the evidence of true positive-false negatives and taking into account the small number of studies, the overall quality of the evidence was considered low.	
Management effects	What is the overall certainty of the evidence of effects of the management that is guided by the test results?  Major uncertainty Minor uncertainty	The studies included in the review were not designed to assess the effects of management with different screening strategies on patient outcomes (e.g. active TB incidence, mortality, drug resistance).	The efficacy of preventive treatment might depend on confirmation of TB infection in an LTBI test.
Values	Is there important uncertainty about or variation in how many people value the main outcomes?  Important uncertainty or variation  No important uncertainty uncertainty or variation		Addition of abnormal chest radiography increases burden on patients. Patients may value greater certainty in excluding active TB.
Resources required	How large are the resource requirements (costs)?  ● Greater resource requirements ○ Less resource requirements ○ Neither greater nor less ○ Varies ○ Don't know		More resources required, particularly if chest radiography is not available. Chest radiography would increase the number of HIV-positive people who undergo further investigations for TB.

Cost effectiveness	Does the cost- effectiveness of the test favour the intervention or the comparison?  Favours the comparison  Favours neither the intervention nor the comparison  Favours the intervention  No included studies	Cost-effectiveness could vary by region and health system infrastructure.
Equity	What would be the impact on health equity? O Reduced O Increased Varies O Don't know	Impact on health equity depends on the setting (e.g. availability of chest radiography: could increase or decrease equity).
Acceptability	Is the test acceptable to key stakeholders?  O No O Yes Varies O Don't know	Depends on availability of resources and infrastructure (e.g. electricity, radiologists).
Feasibility	Is the test feasible to implement?  O No O Yes Varies O Don't know	Varies significantly, mainly by setting, health system infrastructure and workload of HIV clinics.

# Summary of judgements

				Judgement				Implications
Problem	No			Yes		Varies	Don't know	
Test accuracy	Very inaccurate	Inaccurate	Accurate	Very accurate		Varies	Don't know	
Balance of effects	No		Equal	Yes			Uncertain	
Certainty of the evidence of test accuracy	Very low	Low	Moderate	High			No studies	
Certainty of the evidence of effects of management	Major uncertainty			Minor uncertainty				
Values	Important uncertainty or variability			No important uncertainty or variability				
Resources required	Greater		Neither greater nor less		Less	Varies	Don't know	
Cost-effectiveness	Favours the comparison		Favours neither the intervention nor the comparison		Favours the intervention	Varies	No studies	
Equity	Reduced				Increased	Varies	Don't know	
Acceptability	No			Yes		Varies	Don't know	
Feasibility	No			Yes		Varies	Don't know	

# Conclusions

What is the accuracy of WHO symptomatic screening plus abnormal chest radiography to exclude active TB in individuals with HIV on antiretroviral treatment (ART)?

Type of recommendation	Symptom screening alone	Symptom screening plus chest radiography	No recommendation
Strength of recommendation	Strong	Conditional ⊠	
Recommendation	Chest radiography may be offered to people living with (Conditional recommendation, low-quality evidence) Remark: Chest radiography should not be a requirement for	•	o those with no abnormal radiographic findings.
Justification	preventive treatment for people living with HIV.  The GDG also noted that symptom screening with or was a second control of the control of th	T. It also noted the marginal potential benefits of addin hest radiography would pick up false-positives to the state GDG reiterated that chest radiography adds value without abnormal chest radiography findings would be not the confidence of health care providers that active	g abnormal chest radiography findings to the four- screening rule, so that more clients would be subjected only if it does not present a barrier for the provision of acceptable to individuals and programme managers. TB has been ruled out and reduce their concern for the
Subgroup considerations	Although no study was found of the additive role of chalso benefit, as long as good clinical practices are obsescreening rule for children living with HIV. The single subt no study has been reported on the harm or challen accepted by clients and is feasible in resource-constra	erved to prevent any significant risk to the fetus. The G tudy showed that the symptom screening rule current ages of the rule, such as resource requirements for imp	DG noted the paucity of data on the usefulness of the ly recommended for children with HIV performs well, lementation. Symptom-based screening is generally
Implementation considerations	diseases. Xpert MTB/RIF should be used as the initial national guidelines and sound clinical practice. People may be considered for preventive treatment.  The four-symptom screening method is recommended chest radiography with symptom screening at every vito exclude active TB before giving preventive treatment optimal frequency is uncertain. Local authorities should	t radiography should not be a requirement or a barrier, in view of the marginal gain in negative predictive valuoms or abnormal chest radiographic findings may have diagnostic test. Other diseases that cause any of the following with HIV who present any of the four symptoms of for all people living with HIV at every visit to a health sit could represent a significant burden on the health sit, with due respect for good clinical practice. The role lid define its application and frequency on the basis of the sit with the sit of the sit	for initiating TB preventive treatment in people living ue. e active TB and should be investigated for TB and other our symptoms should be investigated in accordance with but in whom active TB is excluded by investigations facility or contact with a health worker. As combining system as well as on clients, it should be used only of chest radiography in regular TB screening and its
Monitoring and evaluation			
Research priorities	Performance and feasibility of the algorithms propo     In particular, data on the screening rule for children		

## **GRADE** tables

Question: What is the performance of WHO-recommended four-symptom screening to exclude active TB in individuals with HIV?

Population: Adults and adolescents with HIV on ART

Sensitivity	0.51 (95% CI: 0.28;0.73)				
Specificity	0.71 (95% CI: 0.48;0.86)	Prevalence	1%	5%	10%

	No. of	Charles	Factors that may decrease the quality of evidence					Effect per 1000 patients tested	Effect per 1000 patients tested	Effect per 1000 patients tested	Test accuracy		
Outcome	studies; no. of patients	Study design	Risk of bias	Indirectness	Inconsistency	Imprecision	Publication bias	Pre-test probability of 1%	Pre-test probability of 5%	Pre-test probability of 10%	quality of evidence		
True positives (patients with active TB)	7	Cross-						5 (3-7)	26 (14-37)	51 (28-73)	0000		
False negatives (patients incorrectly classified as not having active TB)	studies; 4640 patients	40 (cohort	Not serious	Not serious	Serious <sup>1</sup>	Serious <sup>2</sup>	None <sup>3</sup>	5 (3-7)	24 (13-36)	49 (27-72)	⊕⊕○○ Low		
True negatives (patients without active TB)	, i patients	studies; sec 4640 (co	<i>'</i> .	Cross-						700 (473- 855)	672 (454-821)	636 (430-778)	0000
False positives (patients incorrectly classified as having active TB)			sectional (cohort type)	Not serious	Not serious	Serious <sup>1</sup>	Serious <sup>2</sup>	None <sup>3</sup>	290 (135-517)	278 (129-496)	264 (122-470)	⊕⊕○○ Low	

#### From references 30-36

Significant heterogeneity for sensitivity and specificity. Downgraded by 1.
 Wide confidence intervals. Downgraded by 1.
 Possibility of publication bias not excluded, but not considered of sufficient concern to downgrade.

## Question: What is the performance of combination of chest radiography and WHO-recommended four-symptom screening to exclude active TB in individuals with HIV?

Population: Adults and adolescents with HIV on ART

Sensitivity	0.85 (95% CI: 0.70;0.93)				
Specificity	0.30 (95% CI: 0.26;0.33)	Prevalence	1%	5%	10%

				Factors that m	ay decrease qual	ity of evidence		Effect p	per 1000 patients	tested	T4
Outcome	No. of studies; no. of patients	Study design	Risk of bias	Indirectness	Inconsistency	Imprecision	Publication bias	Pre-test probability of 1%	Pre-test probability of 5%	Pre-test probability of 10%	Test accuracy Quality of evidence
True positives (patients with active TB)	2 studies; 646 patients	' sectional	Not serious	Not serious		Serious <sup>1</sup>	None <sup>2</sup>	8 (7-9)	42 (35-46)	85 (70-93)	
False negatives (patients incorrectly classified as not having active TB)					Not serious			2 (1-3)	8 (4-15)	15 (7-30)	Moderate
True negatives (patients without active TB)	2 studies; 646 patients	Cross-		Not serious	Not serious	Not serious		295 (260- 327)	283 (250- 314)	268 (237-297)	
False positives (patients incorrectly classified as having active TB)		sectional (cohort type)	Not serious				None <sup>2</sup>	695 (663- 730)	667 (636- 700)	632 (603- 663)	High

#### From references 30 and 35

Imprecise estimate for sensitivity; downgraded by 1.
 Possibility of publication bias not excluded but not considered of sufficient concern to downgrade.

# PICO3: What is the accuracy of symptomatic screening and/or chest radiography to exclude active TB in contacts of pulmonary TB cases without HIV in high TB incidence countries?

Population: Intervention: Role of the test: Linked treatments:	Contacts of pulmonary TB cases who are HIV-negative.  Symptom screening and/or chest radiography.  Rule out active TB before providing preventive treatment.  Screening negative →TB preventive treatment.	Background  Active TB must be excluded before TB preventive treatment is provided. WHO recommends use of the symptom screening rule alone for excluding active TB in children aged < 5 years who are contacts of TB cases. For contacts in other age groups, however, there is no clear
Anticipated outcomes:	True positive: Correct identification of an individual with active TB who should undergo further investigations.  False negative: Incorrect identification of an individual with active TB as not having TB.  True negative: Correct identification of an individual as not having active TB.  False positive: Incorrect identification of an individual who should undergo further investigations who is actually TB negative.	guidance on methods for excluding active TB, as these groups were not targets for LTBI treatment in high-TB incidence countries. In low-TB incidence countries, WHO currently recommends the combination of any TB symptoms and any chest radiography abnormality for excluding active TB before preventive treatment.
Setting:	High-TB incidence countries (estimated TB incidence rate ≥ 100 per 100 000).	
Perspective:	Health system and public health.	
Subgroups:	Children.	

## Assessment

	Judgement				Research evider	nce			Additional considerations
Problem	Is the problem a priority?  ○ No  ● Yes  ○ Varies  ○ Don't know	Globally in 2015, there we global TB epidemic, mana before providing TB preve component of programma	gement of L ntive treatm	TBI is critical, a nent. A simple	as stated in the algorithm for ex	WHO End TB Strace Cluding active TB in the contract of the con	tegy. Active TB must is considered an esse	be excluded	
	How accurate is the test? O Very inaccurate O Inaccurate Accurate O Very accurate O Varies	We updated a systematic radiography screening for how different screening ar constructed to compare si							
	○ Don't know	Algorithm	No. of studies	Sensitivity	Specificity	False negative at screening	Negative predictive value after negative screening	False positive at screening	
		Chest radiography: any abnormality	7	0.941	0.868	12	0.999	1294	
Test accuracy		Chest radiography: abnormality suggestive of TB	6	0.893	0.922	21	0.998	764	
Te		Any cough	10	0.627	0.775	75	0.990	2205	
		Cough ≥ 2-3 weeks	6	0.382	0.943	124	0.987	559	
		Any TB symptom	11	0.730	0.766	54	0.993	2303	
		Any TB symptom plus any chest radiography abnormality	*	1.00	0.701	0	1	2930	
		* No data could be obtaine from five studies of both c					w; thus, the estimates	were inferred	

# Performance of the screening tools in a hypothetical population of 10 000 HIV-negative individuals at 5% TB prevalence

Algorithm	No. of studies	Sensitivity	Specificity	False negative at screening	Negative predictive value after negative screening	False positive at screening
Chest radiography: any abnormality	7	0.941	0.868	30	0.996	1254
Chest radiography: abnormality suggestive of TB	6	0.893	0.922	54	0.994	741
Any cough	10	0.627	0.775	187	0.975	2136
Cough ≥ 2-3 weeks	6	0.382	0.943	309	0.967	542
Any TB symptom	11	0.730	0.766	135	0.982	2233
Any TB symptom plus any chest radiography abnormality	*	1.00	0.701	0	1	2841

<sup>\*</sup> No data could be obtained from the studies included in the systematic review; thus, the estimates were inferred from five studies of both chest radiography and symptom screening.

The sensitivity and negative predictive value of chest radiography screening are high, especially if any chest radiography abnormality is used. Symptom screening is less sensitive, resulting in a lower negative predictive value. In several studies, it was assumed that people without chest radiography abnormalities and without a minimum set of symptoms did not have active TB and that a positive culture may be only transient or due to laboratory crosscontamination or subclinical TB. This is a standard design in TB prevalence surveys.

We identified only one study conducted among children < 5 years old (mean age, 19.2 months; standard deviation, 7.4). The sensitivity and specificity of abnormal chest radiography for TB (sensitivity, 55%, 95% CI 40;70; specificity, 89%, 95% CI 87;91) were higher than those of "persistent cough" (sensitivity, 45%, 95% CI 30;60; specificity, 84%, 95% CI 82;84). However, there was a high risk of selection bias, as the study included only children suspected of having TB from symptoms, contact history or known conversion to positive TST or IGRA.

Balance of benefits vs harm	Do the benefits outweigh the harms?  ● Yes ○ No ○ Equal ○ Uncertain	One anticipated desirable effect of screening is correct identification of individuals who do not have active TB and are thus eligible for TB preventive treatment (true negatives). The other desirable effect is correct identification of those with TB that would be confirmed in subsequent investigations (true positives). The anticipated undesirable effect is incorrect classification of an individual with TB as not having TB (false negative), which would lead to inappropriate treatment of active TB by a preventive treatment regimen. In addition, individuals who screen positive have to undergo further investigations for TB when they are actually TB negative (false positive) and cannot be started on TB preventive treatment immediately.  In a hypothetical population of 10 000 individuals and at a TB prevalence of 2%, use of any TB symptoms alone would wrongly classify 54 TB patients as not having active TB and they would be given TB preventive treatment. In contrast, use of any abnormal chest radiography finding would result wrongly in 12 TB patients being given preventive treatment. Use of the combination of any TB symptoms plus any chest radiography abnormal findings would result in no TB patients being given preventive treatment.  At a TB prevalence of 2%, use of any TB symptoms alone would require TB investigations of 16 extra non-TB patients for every TB case identified, whereas use of any abnormal chest radiography finding would require TB investigations of 7 extra non-TB patients for every TB case identified. Use of the combination of any TB symptoms plus any chest radiography abnormal finding would increase the number of individuals requiring TB investigations to 15 extra non-TB patients for every TB case identified.	
Certainty of evidence of test accuracy	What is the overall certainty of the evidence of test accuracy?  ◆ Very low  ○ Low  ○ Moderate  ○ High  ○ No included studies	The quality of the evidence for any chest radiography abnormality was judged as low-moderate, while that for any TB symptoms was very low. Furthermore, there was no direct evidence on the combination of any chest radiography abnormality plus any TB symptoms. Therefore, the overall certainty of the evidence is considered very low.	

Certainty of the evidence of management's effects	What is the overall certainty of the evidence of effects of management guided by test results?  Major uncertainty  Minor uncertainty	The studies included were not designed to assess the effects of management with different screening strategies on patient outcomes (e.g. active TB incidence, mortality, drug resistance).	
Values	Is there important uncertainty about or variability in how much people value the main outcomes?  Important uncertainty or variability  No important uncertainty or variability		Depends on health infrastructure and settings. Addition of abnormal chest radiography would increase burden on patients, although they might value an accurate test.
Resources required	How large are the resource requirements (costs)?  Greater resource requirements  Less resource requirements  Neither greater nor less  Varies  Don't know	A systematic literature review was conducted for the previous LTBI guidelines, of studies published between 1981 and 2013 on the cost-benefit and cost-effectiveness of LTBI screening and treatment. In the 13 studies in which costs were expressed in US\$, the cost of ruling out active TB in persons eligible for LTBI preventive treatment (including in most cases chest radiography, clinical evaluation and liver function tests) was US\$ 28-188. Apart from a study conducted in India, the others were carried out in high-income and upper middle-income countries. Six studies on contacts of patients with active TB suggested that screening for and treatment of LTBI among contacts in general may save costs for the health care system and/or have a favourable incremental cost-effectiveness ratio. All the studies were conducted in low-TB incidence countries. Cost-effective data for various screening methods or algorithms were not available.	

	Does the cost-	Depends on the setting. It may
	effectiveness of the test	be cost-effective in the long term
	favour the intervention or	by preventing development of
v	the comparison?	drug-resistant TB.
nes	O Favours the	
i.i.	comparison	
Cost effectiveness	O Favours neither the	
t eff	intervention nor the	
Sos	comparison	
	O Favours the	
	intervention	
	<ul><li>Varies</li></ul>	
	O No included studies	
	What would be the	
	impact on health equity?	
Equity	O Reduced	
Ед	<ul><li>Increased</li></ul>	
	○ Varies	
	○ Don't know	
	Is the test acceptable to	Depends on setting and
E	key stakeholders?	availability of chest radiography.
Acceptability	O No	
cep	O Yes	
Ac	• Varies	
	O Don't know	
	Is the test feasible to	Depends on setting and
₹	implement?	availability of chest radiography
iliqi	O No	and human resources.
Feasibility	O Yes	
ŭ	<ul><li>Varies</li></ul>	
	O Don't know	

# Summary of judgements

				Judgement				Implications
Problem	No			Yes		Varies	Don't know	
Test accuracy	Very inaccurate	Inaccurate	Accurate	Very accurate		Varies	Don't know	
Balance of effects	No		Equal	Yes			Uncertain	
Certainty of the evidence of test accuracy	Very low	Low	Moderate	High			No included studies	
Certainty of the evidence of effects on management	Major uncertainty			Minor uncertainty				
Values	Important uncertainty or variability			No important uncertainty or variability				
Resources required	Greater		Neither greater nor less		Less	Varies	Don't know	
Cost-effectiveness	Favours the comparison		Favours neither the intervention nor the comparison		Favours the intervention	Varies	No included studies	
Equity	Reduced				Increased	Varies	Don't know	
Acceptability	No			Yes		Varies	Don't know	
Feasibility	No			Yes		Varies	Don't know	

# Conclusions

What is the accuracy of symptomatic screening and/or chest radiography to exclude active TB in contacts of pulmonary TB cases without HIV in high TB incidence countries?

Type of recommendation	Any chest radiography abnormality	Chest radiography abnormality suggestive of TB	Any cough	Cough ≥ 2-3 week	Any TB symptom	Any TB symptom plus any chest radiography abnormality	No recommendation			
Strength of recommendation	Strong			Conditional ⊠						
Recommendation						e out active TB disease an very low-quality evidence				
Justification	outweighs the harm be The GDG also noted th managers. Furthermor concern about develop	verall, the GDG agreed that the potential benefits of screening for active TB with the combination of any chest radiography abnormality plus any TB symptoms utweighs the harm because of the reliability of this screening rule for excluding active TB before providing preventive treatment. he GDG also noted that symptom screening with or without the addition of abnormal chest radiography would be acceptable for individuals and programme ranagers. Furthermore, the use of chest radiography could enhance the confidence of health care providers that active TB has been ruled out and reduce their oncern about development of drug resistance. However, the addition of chest radiography may incur costs to clients as well as inconvenience, as more clients will be investigated for TB and other diseases.								
Subgroup considerations										
Implementation considerations	be performed in accord preventive treatment. Chest radiography and	dance with national guid I trained health care wor eened for any TB sympt	lelines and sound clinicarkers (e.g. radiologists) r	al practice. Contacts in wo	whom active TB is excluded the screening rule.	or TB and other diseases. ded after investigations of le. Where chest radiogra ning rules, and its negati	can be considered for aphy is not available,			
Monitoring and evaluation										
Research priorities	Evidence for the accuracy and feasibility of the recommended screening algorithm under programme conditions.  Household models to improve the effectiveness and efficiency of intervention delivery.  Studies of cost-effectiveness of screening rules.  Strategies to save costs and improve feasibility (e.g. use of mobile chest radiography).									

#### **GRADE** tables

**Question:** What is the accuracy of symptomatic screening and/or chest x-ray to exclude active TB in contacts of pulmonary TB cases without HIV in high TB incidence countries?

**Index test:** any abnormality in chest radiography| Reference test: Sputum culture and/or smear

Place of testing: Triage

**Test-treatment pathway:** chest radiography positive → confirmatory test (mycobacterial culture or GeneXpert) → anti-TB chemotherapy (6-9 months of antibiotics)

				Factors that r	may decrease qualit	y of evidence		Effect per 100 000		
Outcome	No. of studies; no. of patients	Study design	Risk of bias	Indirectness	Inconsistency	Imprecision	Publication bias	Sensitivity: 0.94 (95% CI: 0.86;0.98) Specificity: 0.87 (95% CI: 0.80;0.92)	Quality of evidence	
True positives (patients with active TB)	7 studies; 251 410 patients	Cross-	Serious <sup>1</sup>	Not serious <sup>2</sup>	Not serious <sup>3</sup>	Natarian	Nama 5	Prevalence (2%): 1882 (1716;1954) Prevalence (5%): 4705 (4290;4885	$\oplus \oplus \oplus \bigcirc$	
False negatives (patients incorrectly classified as not having active TB)		sectional (cohort type)				Not serious <sup>4</sup>	None <sup>5</sup>	Prevalence (2%) : 118 (46;284) Prevalence (5%): 295 (115;710)	Moderate	
True negatives (patients without active TB)	7 studies; 251 410 patients	•	Cross- sectional	Caviaval	erious¹ Not serious²	Not serious <sup>3</sup>	Net enious	No. 25	Prevalence (2%) : 85 064 (78 106;89 866) Prevalence (5%): 82 460 (75 715;87 115)	$\oplus\oplus\oplus\odot$
False positives (patients incorrectly classified as having active TB)			Serious'	inot serious <sup>2</sup>	inot serious <sup>3</sup>	Not serious <sup>4</sup>	None <sup>5</sup>	Prevalence (2%) : 12 936 (8 134;19 894) Prevalence (5%): 12 540 (7 885;19 285)	Moderate	

#### Studies included: references 37,41,44,46-49

<sup>1</sup> Limitations in study design (see QUADAS-2): High risk of selection bias in one study (37). In all studies, less than half the participants received the reference standard; accuracy was calculated under the assumption that those who did not receive the reference standard were culture- and/or smear-negative (no active TB).

<sup>&</sup>lt;sup>2</sup> Indirectness (see QUADAS-2): Some concern about applicability of reference standard in two studies. No downgrading.

<sup>&</sup>lt;sup>3</sup> Inconsistency: Little heterogeneity in sensitivity or specificity (from visual inspection of 95% CIs).

<sup>&</sup>lt;sup>4</sup> Imprecision: Precise estimates for sensitivity and specificity.

<sup>&</sup>lt;sup>5</sup> Publication bias: Not applicable (the evidence for publication bias in studies of diagnostic test accuracy is very limited).

# **Question:** What is the accuracy of symptomatic screening and/or chest x-ray to exclude active TB in contacts of pulmonary TB cases without HIV in high TB incidence countries?

Index test: Any symptom| Reference test: Sputum culture and/or smear

Place of testing: Triage

**Test-treatment pathway:** Symptom positive → confirmatory test (mycobacterial culture or GeneXpert) → anti-TB chemotherapy (6-9 months' antibiotics)

			Factors that may decrease quality of evidence					Effect per 100 000	
Outcome	No. of studies; no. of patients	Study design	Risk of bias	Indirectness	Inconsistency	Imprecision	Publication bias	Sensitivity: 0.73 (95% CI: 0.64;0.80) Specificity: 0.77 (95% CI: 0.61;0.87)	Quality of evidence
True positives (patients with active TB)	11 studies;	Cross-sectional	Vanua saisaas	Nist socious?	N. J	Neterina	No 5	Prevalence (2%): 1 460 (1 282;1 608) Prevalence (5%): 3 650 (3 205;4 020)	⊕⊕○○
False negatives (patients incorrectly classified as not having active TB)	357 609 patients	(cohort type)	Very serious <sup>1</sup>	Not serious <sup>2</sup>	Not serious <sup>3</sup>	Not serious <sup>4</sup>	None⁵	Prevalence (2%): 540 (392;718) Prevalence (5%): 1 350 (980;1 795)	Low
True negatives (patients without active TB)	11 studies;	ross-sectional	Vanuasiisusl	Not opious?	Coviewe <sup>3</sup>	Saviaua4	Nama 5	Prevalence (2%): 74 970 (60 074;85 260) Prevalence (5%): 72 675 (58 235;82 650)	⊕000
False positives (patients incorrectly classified as having active TB)	357 609 patients	(cohort type)	Very serious <sup>1</sup>	Not serious <sup>2</sup>	Serious <sup>3</sup>	Serious <sup>4</sup>	None⁵	Prevalence (2%): 23 030 (12 740;37 926) Prevalence (5%): 22 325 (12 350;36 765)	Very low

#### From references 37-47

<sup>1</sup> Limitations in study design (see QUADAS-2): High risk of selection bias in one study (37) and unclear risk of bias for the reference standard in two studies. In 9 of the 11 studies, less than half the participants received the reference standard; accuracy was calculated under the assumption that those who did not receive the reference standard were culture- and/or smear-negative (no active TB).

<sup>&</sup>lt;sup>2</sup> Indirectness (see QUADAS-2): no major concern for applicability.

<sup>3</sup> Inconsistency: moderate heterogeneity for sensitivity and significant heterogeneity for specificity (based on visual inspection of 95% CIs); downgrading on specificity.

<sup>&</sup>lt;sup>4</sup> Imprecision: precise estimates for sensitivity and imprecise estimate for specificity.

<sup>&</sup>lt;sup>5</sup> Publication bias: not applicable (the evidence for assessing publication bias in studies of diagnostic test accuracy is very limited).

# PICO 4: Could interferon-gamma release assays be used as an alternative to tuberculin skin tests to identify individuals most at risk of progression from LTBI to active TB in high TB incidence settings?

Problem	Assess use of IGRA as an alternative to TST for identifying individuals at greatest risk of progression from LTBI to active TB in high-TB incidence settings.	Background There is no gold standard for the diagnosis of LTBI. TST and IGRA indirectly identify TB infection by detecting memory T-cell response signifying the presence of host sensitization to Mycobacterium tuberculosis antigens. They are generally deemed to be acceptable but imperfect tests.				
Option:	IGRA	WHO currently recommends that IGRA should not replace TST in high-TB incidence countries on the basis of a				
Comparison:	TST	systematic review that showed similar performance in predicting development of active TB and its high cost and technical complexity. Either IGRA or TST can be used to test for LTBI in high-income and upper-middle-income countries with an estimated TB incidence < 100 per 100 000. Because of the global shortage of RT23 purified protein derivative, however, many countries are having difficulty in accessing it. The availability of an alternative test, IGRA, may facilitate scaling-up of programmatic LTBI management.  Although sensitivity and specificity are usually used to evaluate the diagnostic accuracy of a test, there is no gold standard test for LTBI, and preventive treatment is meant to prevent the development of active TB. Therefore, the performance of tests for LTBI is better assessed from their predictive utility for development of active TB. The primary effect measure of interest is the relative risk ratio for TB among test-positives and test-negatives, which will be compared for TST and IGRA.				
Main outcomes:	Incidence of active TB.					
Setting:	High-TB incidence countries (estimated TB incident rate ≥ 100 per 100 000 population).					
Perspective:	Health system and public health.					

## **Assessment**

	Judgement	Research evidence	Additional considerations
4	Is the problem a priority?  ○ No  ● Yes  ○ Varies  ○ Don't Know	Currently, LTBI testing is not required before provision of preventive treatment in high-TB incidence countries. It can identify individuals who would benefit most from LTBI treatment and is used in some high-incidence countries. Lack of availability of TST because of the global shortage of purified protein derivative has been cited as a barrier to scaling-up of programmatic management of LTBI. The availability of an alternative test, IGRA, may facilitate scaling-up.	

effects	Do the benefits outweigh the harm?  ● Yes ○ No ○ Equal ○ Uncertain	Five relevant studies of IGRA and TST in high-TB incidence countries were identified (N = 7769). All were prospective cohort studies of participants who received both TST and IGRA. Two were conducted in India and three in South Africa. The populations studied were people living with HIV, pregnant women, adolescents, health care workers and household contacts. The RRs for test positives and test negatives were estimated for each test and pooled across studies. The pooled RR estimate was 1.49 for TST (95% CI 0.79;2.80, 5 studies, $I^2 = 64.4\%$ ) and 2.03 (95% CI 1.18;3.50, 5 studies, $I^2 = 49.6\%$ ) for IGRA. Although the pooled effect estimate for IGRA was slightly higher and the heterogeneity lower than for TST, the 95% CIs around the effect estimates overlapped and were imprecise.					
e of			TST		IGRA		
Balance of		Population	Pooled RR	l² (p value)	Pooled RR	l <sup>2</sup> (p value)	
Bala		All populations (5 studies)	1.49 (0.79;2.80)	64.4% (0.024)	2.03 (1.18;3.50)	49.6% (0.094)	
		People living with HIV (2 studies)	1.64 (0.24;11.18)	77.4% (0.035)	4.07 (0.18;92.72)	78.7% (0.030)	
Certainty of evidence	What is the overall certainty of the evidence of effects?  ● Very low ○ Low ○ Moderate ○ High ○ No included studies	There was little evidence f pooled estimates were imp		llations. Two studies we	re conducted in people liv	ing with HIV, and the	
Values	Is there important uncertainty about or variability in how much people value the main outcomes?  Important uncertainty or variability  No important uncertainty or variability	No evidence retrieved.					

Resources required	How large are the resource requirements (costs)?  Greater resource requirements with the intervention  Less resource requirements with the intervention  Neither greater nor less Varies Don't Know	A systematic review of studies of cost-effectiveness was conducted for the previous LTBI guidelines, which covered 39 studies published up to 2013. Cost inputs adjusted for currency and inflation varied widely among studies. The cost of a TST for detecting LTBI varied from US\$ 1.3 in a study in Uganda to an average of US\$ 31.5 in studies in the United Kingdom. Detection of LTBI with a IGRA test cost from US\$ 22.5 in a study in Mexico to an average of US\$ 97.1 in studies in the United Kingdom.	
Cost effectiveness	Does the cost- effectiveness of the  intervention favour  the intervention or the  comparison?  Favours the  comparison  Favours neither the  intervention nor the  comparison  Favours the  intervention  Uncertain  Varies  No included studies	A systematic review (50) of 10 studies with a decision-analytical model for comparing the cost-effectiveness of IGRAs with that of TST in high-risk groups: child contacts, immunocompromised people and recent arrivals from high-TB incidence countries. One study of child contacts was conducted in South Africa and the others in low-TB incidence countries. The study in South Africa showed that providing preventive treatment without testing is most cost-effective among children aged 0-2 years. In children aged 3-5 years, an IGRA after a negative TST saved slightly more life-years, but saving one additional life year costed at least US\$ 233 000.  Six cost evaluations were conducted among immunocompromised people (including people living with HIV) in Japan and the USA. Five studies showed that IGRA is more cost-effective than TST. In one study of patients taking immunosuppressive medicine, neither TST nor IGRA screening was more cost-effective than treatment without testing. These results depend on the performance of TST and IGRA assumed in the models, and the studies generally assumed higher sensitivity and/or specificity of IGRA for diagnosing LTBI.  A systematic review conducted for the previous guidelines, which was updated in June 2017, covered five studies of TST and IGRA screening in adult contacts. None was conducted in high-TB incidence countries. Two indicated that the TST alone was more cost-effective than IGRA alone; two found that IGRA was more cost-effective than TST alone but less cost-effective than sequential TST-IGRA. One study indicated that both strategies were better than no LTBI screening or treatment.	Very limited data from high-TB incidence countries. Results of cost-effectiveness studies in low-incidence countries may not be generalizable to high-incidence countries.
Equity	What would be the impact on health equity? ○ Reduced ● Increased ○ Varies ○ Don't Know	No evidence retrieved.	The provision of more options generally increases equity; however, if the cost of the test is borne by patients, use of IGRA might be a greater barrier and might decrease equity.

Acceptability	Is the intervention acceptable to key stakeholders?  O No O Yes Varies O Don't Know	No evidence retrieved.	Acceptability varies, particularly by resource availability. Although IGRA is likely to be largely acceptable to clinicians, its higher cost and requirement for sophisticated laboratory infrastructure may limit its acceptability to programmes. Both IGRA and TST have been used widely in many countries and are accepted.
Feasibility	Is the intervention feasible to implement?  No Yes Varies Don't Know		Depends on the availability of resources and tests.  IGRA: Phlebotomy is required, particularly for very young children, and sophisticated laboratory infrastructure, technical expertise and expensive equipment are required.  TST: Can be performed in the field; training for intradermal injection, reading and interpretation are required, and there are frequent stock-outs due to global shortage.  Both tests have been available for many years and are used widely in many countries.

# Summary of judgements

				Judgement				Implications
Problem	No			Yes		Varies	Don't know	
Balance of effects	No		Equal	Yes			Uncertain	
Certainty of evidence	Very low	Low	Moderate	High			No included studies	
Values	Important uncertainty or variability			No important uncertainty or variability				
Resources required	Greater		Neither greater nor less		Less	Varies	Don't know	
Cost-effectiveness	Favours the comparison		Favours neither the intervention nor the comparison		Favours the intervention	Uncertain	No included studies	
Equity	Reduced				Increased	Varies	Don't know	
Acceptability	No			Yes		Varies	Don't know	
Feasibility	No			Yes		Varies	Don't know	

#### Conclusions

Could interferon-gamma release assays be used as an alternative to tuberculin skin tests to identify individuals most at risk of progression from LTBI to active TB in high TB incidence settings?

		T						
Recommendation	In favour of ⊠	Against	No recommendation □					
Strength of recommendation	Strong ⊠	Conditional						
Recommendation	Either a TST or IGRA can be used to test for LTBI. (Strong recommendation, very low-quality evidence)  Remark: The availability and affordability of the tests will determine which will be chosen by clinicians and programme managers. Neither TST nor IGRA can be used to diagnose active TB disease nor for diagnostic workup of adults suspected of having active TB.							
Justification	other for predicting progression to active TB disease. T practitioners in resource-constrained settings; however LTBI.  The GDG also noted that equity and access could affect by several factors, such as the requirement for sophistic and programmes (e.g. for building and testing). The GDG disadvantages.  The GDG stressed that the global shortage of TST short predictive value.  The GDG cautioned that imperfect performance of the individuals such as people living with HIV. The GDG not particularly among contacts of people with pulmonary care workers tested serially for LTBI in the USA showed identified with IGRA than with TST. Thus, sound clinical	et the choice and type of test used. The preferences of cicated laboratory infrastructure (e.g. for IGRA) and post of strongly recommended the two tests as equivalent and be addressed urgently and called for more investmented the importance of the tests for identifying recent compared that conversions from negative to positive and reversial judgement must be used in interpreting the results of e a requirement for initiating TB preventive treatment fincidence, given that clear benefits outweigh the risks.	r resources than IGRA and may be more familiar to duce its use in scaling up programmatic management of clients and programmes are, however, affected scible additional costs for clients (e.g. for travel) options, with relatively similar advantages and ent into research on novel tests for LTBI with better for young children and immunocompromised onversion from a negative to a positive result, treatment. Nevertheless, recent studies among health ions from positive to negative are more commonly if these tests when used serially. For people living with HIV and child household contacts HIV-negative infant and child household contacts					
Subgroup considerations								

Implementation considerations	The GDG noted that the availability and affordability of the tests could determine which LTBI test is used. Other considerations include the structure of the health system, feasibility of implementation and infrastructure requirements. The incremental cost-effectiveness of IGRAs and TSTs appears to be influenced mainly by their accuracy. Bacille Calmette-Guérin (BCG) vaccination plays a decisive role in reducing the specificity of TST, leading the choice towards IGRA-only strategies. The GDG noted, however, that the impact of BCG vaccination on the specificity of TST depends on the strain of vaccine used, the age at which the vaccine is given and the number of doses administered. When BCG is given at birth, as is the case in most parts of the world, it has a variable, limited impact on TST specificity. Therefore, the GDG agreed that a history of BCG vaccination has a limited effect on interpretation of TST results later in life; hence, BCG vaccination should not be a determining factor in selecting a test.  IGRAs are more costly and more technically complex to perform than the TST. Operational difficulties should be considered in deciding which test to use. For example, IGRA requires a phlebotomy, which can be difficult, particularly in very young children, laboratory infrastructure, technical expertise and expensive equipment; however, only a single visit is required to obtain a result (although patients may have to make a second visit to learn the result). TST is less costly and can be performed in the field, but it requires a cold chain, two health care visits and training in intradermal injection, reading and interpretation.
Monitoring and evaluation	
Research priorities	New tests with better predictivity for progression from LTBI to active TB disease than current tests.  Predictive performance of both tests in various at-risk populations.  Cost-effectiveness studies under different conditions of burden and subgroups (e.g. children, people living with HIV).

#### GRADE table: Studies that conducted head to head evaluations of the TST and IGRA (N=5)

**Review question:** Among persons at high risk of LTBI who are not treated with tuberculosis preventive therapy, which test (e.g. TST or IGRA) when positive, can best identify individuals most at risk of progression?

**SR Outcome:** The predictive utility of the tuberculin skin test vs. the commercial interferon-gamma release assays for progression to active tuberculosis

Patients/population: Longitudinal studies of adults and children without active TB at baseline not given preventive therapy

Setting: Community cohorts, individuals attending outpatient clinics (e.g. HIV-positive people), individuals participating in RCTs, household contacts; all in high-incidence countries

Index test: TSR (RT23 purified protein derivative or purified protein derivative-S) and/or commercial blood-based IGRAs (QFT-GIT or T.SPOT.-TB)

**Importance:** Longitudinal studies on the predictive value of a positive IGRA in TB high-incidence countries (≥ 100/100 000) are still emerging. It is important to determine whether IGRA can be used as a replacement for the widely used TST.

Reference standard: All diagnoses of incident active TB (microbiologically confirmed or not)

**Studies:** Any longitudinal study design (e.g. prospective or retrospective cohort) in TB high-incidence countries, regardless of immunological status (e.g. HIV-infected or not) or BCG status. Average follow-up should be for at least 1 year but can be either active or passive.

No. of studies (no.	Danima	Quality				Eff	ect	Quality	
of individuals)	Design	Risk of bias	Inconsistency	Indirectness	Imprecision	Relative (pooled)	Absolute effect	(GRADE)	Importance
A. SR OUTCOME	: PROGRESSION TO	ACTIVE TB IN U	NTREATED INDIVID	DUALS					
5 (N = 7675 for TST, 7641 for IGRA) (51-55)	Prospective cohort	Serious risk of bias (A1) (-1)	Serious inconsistency (TST) $I^2 = 64.4\%$ , Serious inconsistency (IGRA) $I^2 = 49.6\%$ (A2) (-1)	Not serious (A3)	Serious imprecision (TST)  No serious imprecision (IGRA)  (A4) (-1)	TST RR = 1.49 (CI: 0.79;2.80) I <sup>2</sup> = 64.4% IGRA RR = 2.03 (CI: 1.18;3.50) I <sup>2</sup> = 49.6%	TST 10 more per 1000 (4 fewer to 37 more) IGRA 15 more per 1000 (3 more to 36 more)	Very low ⊕○○○	Critical
B. SR OUTCOME	(SUBGROUP ANAI	YSIS): PROGRESS	ION TO ACTIVE TB	IN IMMUNOCOM	IPROMISED PEOPI	LE (INCLUDES HIV	AND OTHER IMMU	JNOSUPPRESSIVE	CONDITIONS)
2 (N = 725 for TST, 710 for IGRA) (52, 54)	Prospective cohort of HIV-infected women pre- and post-delivery on ART Prospective cohort of HIV-infected individuals	Serious risk of bias (B1) (-1)	Serious inconsistency (TST) $I^2 = 77.4\%$ Serious inconsistency (IGRA) $I^2 = 78.7\%$ (B2) (-1)	Serious indirectness (B3) (-1)	Very serious imprecision for both TST and IGRA (B4) (-2)	TST RR = 1.64 (CI: 0.24;11.18) IGRA RR = 4.07 (CI: 0.18;92.72)	TST 39 more per 1000 (46 fewer to 616 more) IGRA 149 more per 1000 (40 fewer to 4438 more)	Very low ⊕⊖⊖⊝	Critical

No. of studies (no.	Dosign	Quality				Effect		Quality	l	
of individuals)	Design	Risk of bias	Inconsistency	Indirectness	Imprecision	Relative (pooled)	Absolute effect	(GRADE)	Importance	
C. SR OUTCOME	C. SR OUTCOME (SUBGROUP ANALYSIS) : PROGRESSION TO ACTIVE TB AMONG CONTACTS OF TB CASES									
1 (N = 1511 for TST, 1498 for IGRA) (55)	Prospective cohort of household contacts	Serious risk of bias (C1) (-1)	Not assessed; single study (C2)	Serious Indirectness C3 (-1)	Serious imprecision C4 (-1)	TST RR, single study = 1.31 (CI: 0.85;2.04)	TST 14 more per 1000 (7 fewer to 45 more)	Very low ⊕○○○	Critical	
						IGRA RR, single study = 1.87 (CI: 1.12;3.11)	IGRA 28 more per 1000 (4 more to 69 more)			
D. SR OUTCOME	(SUBGROUP ANAI	YSIS): PROGRESSI	ION TO ACTIVE TB	AMONG TB HEAL	TH CARE WORKE	RS				
1 (N = 195 for TST, 189 for IGRA) (53)	Prospective cohort of health care workers	Serious risk of bias (D1) (-1)	Not assessed; single study (D2)	Serious Indirectness D3 (-1)	Very serious imprecision D4 (-2)	TST RR, single study = 0.40 (CI: 0.02;9.81)	TST 6 fewer per 1000 (9 fewer to 82 more)	Very low ⊕○○○	Critical	
						IGRA RR, single study = 3.10 (CI: 0.13;75.04)	IGRA (difference cannot be computed)			
E. SR OUTCOME	(SUBGROUP ANAL	YSIS): PROGRESSI	ON TO ACTIVE TB	AMONG ADOLES	CENTS IN A HIGH-	INCIDENCE SETTI	NG			
1 (N = 5244 for both tests) (51)	Prospective cohort of adolescents	Serious risk of bias (E1) (-1)	Not assessed; single study (E2)	Serious Indirectness E3 (-1)	No serious imprecision E4	TST RR, single study = 2.71 (CI: 1.42;5.15)	TST 9 more per 1000 (2 more to 21 more)	Very low ⊕○○○	Critical	
						IGRA RR, single study = 2.89 (CI: 1.55;5.41)	IGRA 10 more per 1000 (3 more to 22 more)			

 $<sup>{}^\</sup>star\! Absolute \, risk:$  estimated by applying the RR estimate to the risk in the test negatives.

#### Notes to the GRADE summary table

#### Overall quality:

One point was removed from all the studies because none were RCTs. The lowest quality score achievable is 1 out of 4; no minus scores are given.

Quality assessment: Based on the relative effect measure (RR or IRR) for both TST and IGRA. Studies not marked down if estimates for both tests scored high on a specific GRADE quality item. Other study quality considerations: Newcastle-Ottawa scale quality items were considered when assessing the risk of bias. One point is removed if there is at least one concern.

A1: Risk of bias is possible, including selection bias, incorporation bias, ascertainment bias and publication bias. Methods for ascertaining TB included microbiological methods, but not all incident TB cases were confirmed definitively by culture. Publication bias not formally assessed but expected to be likely. Several large prospective studies are under way or unpublished, and their results were not included in this analysis; however, additional results are not expected to change the overall conclusions of this review.

A2: Serious unexplained inconsistency of RR estimate for TST. Points removed for serious inconsistency in either estimate.

A3: Although there were few studies included, they involved a range of populations, including adults and children, immunocompromised people and TB contacts, and provided direct evidence for these groups.

A4: Serious imprecision of RR estimate for TST. Lower limit of 95% CI indicates lack of predictivity. Points removed if serious imprecision was identified in either estimate.

B1: Risk of bias is possible, including selection bias, incorporation bias, ascertainment bias and publication bias. Incorporation bias could not be ruled out for the cohort of antepartum and postpartum women, because relevant information was not available; moreover, there was concern about selection. The reference standards used in the ART cohort study did not include index tests, and the assessors were not blinded to baseline TST results in patient records. Methods for ascertaining TB included microbiological methods, but not all incident TB cases were definitively diagnosed. Publication bias was not formally assessed but is expected to be likely. Several large prospective studies are under way or are unpublished, and their results were not included in this analysis; however, additional results are not expected to change the overall conclusions of this review.

B2: Serious unexplained inconsistency for RR estimates for both TST and IGRA.

B3: This pooled estimate is based on only two studies: one on HIV-infected people on ART with a median CD4+ of approximately 250, and one on HIV-infected antepartum and postpartum women. No direct evidence for treatment of naive patients or HIV-infected patients with high CD4 counts or other sub-populations of HIV-infected individuals (e.g., children).

B4: Very serious imprecision of RR estimates for both TST and IGRA. The 95% CIs are wide and indicate both significant predictive performance and lack of predictive utility. The studies had few events.

C1: Risk of bias is possible, including selection bias, incorporation bias (could not be assessed because of lack of information) and publication bias. Publication bias was not formally assessed but was expected to be likely. Several large prospective studies are under way or are unpublished, and their results were not included in this analysis; however, additional results are not expected to change the overall conclusions of this review.

C2: Inconsistency not assessed.

C3: This single study comprised household case contacts in a high-incidence country. No direct evidence for other subpopulations of case contacts.

C4: TST effect estimates seriously imprecise. Lower limit of 95% CI indicates lack of predictive utility.

D1: Risk of bias is possible, including selection bias, ascertainment bias (microbiological tests not used to diagnose TB), incorporation bias and publication bias. Publication bias was not formally assessed but was expected to be likely. Several large prospective studies are under way or are unpublished, and their results were not included in this analysis; however, additional results are not expected to change the overall conclusions of this review.

D2: Inconsistency not assessed.

D3: This single study comprised health care workers at a primary health care clinic. No direct evidence for other subpopulations of health care workers or all health care settings.

D4: IGRA and TST effect estimates very seriously imprecise; 95% CIs are wide and indicate both significant predictive performance and lack of predictive utility.

E1: Risk of bias is possible, including selection bias, ascertainment bias (inclusion of index tests in methods for ascertaining incident TB) and publication bias. Publication bias was not formally assessed but is expected to be likely. Several large prospective studies are under way or are unpublished, and their results were not included in this analysis; however, additional results are not expected to change the overall conclusions of this review.

E2: Inconsistency not assessed.

E3: This single study comprised adolescents in a high-incidence setting. No direct evidence for other subpopulations of children or adolescents.

E4: No serious imprecision: few events with large sample size.

# PICO 5: Should 3-month daily rifampicin plus isoniazid (3RH) be offered as a preventive treatment option for children and adolescents <15 years of age as an alternative to 6 or 9 months isoniazid (INH) monotherapy in high TB incidence countries?

Problem	Children and adolescents < 15 years with LTBI and at high risk for active TB disease.	<b>Background</b> Treatment of LTBI can reduce the risk of reactivation by 60–90%. WHO currently recommends two		
Option:	3 months' daily rifampicin + isoniazid (3RH).	approaches for the management of LTBI, based on TB incidence and income. For high-TB incidence countries, WHO recommends isoniazid preventive therapy for people living with HIV and children aged		
Comparison:	6 or 9 months' isoniazid monotherapy.	< 5 years who are household contacts of people with TB. The recent WHO guidelines provide several		
Main outcomes:	Incidence of active TB, mortality, adverse events, treatment completion rate, drug-resistant TB.	treatment options for use in high- or upper-middle-income countries with low TB incidence. A previous systematic review suggested that the efficacy of a 3-month regimen of daily rifampicin plus isoniazid is similar to that of daily isoniazid regimens.		
Setting:	High-TB incidence countries (estimated TB incidence rate ≥ 100 per 100 000).			
Perspective:	Health system and public health.			

#### **Assessment**

	Judgement	Research evidence	Additional considerations
Problem	Is the problem a priority?  ○ No  ● Yes  ○ Varies  ○ Don't Know	Uptake of LTBI treatment is still suboptimal: only 38% of people living with HIV were newly enrolled in care in 2015 and 7.1% of child household contacts < 5 years started on preventive treatment. A systematic review (56) showed that failure to complete treatment accounts for a large loss in the cascade of care for LTBI management. Shorter regimens may improve completion rate and facilitate scaling-up of LTBI treatment in high-TB incidence countries.	

	Do the herefite autominh						
	Do the benefits outweigh the harms?	Outcome	3-4RH	6H/9H	Relative effect (RR) (95% CI)	Difference (95% CI)	
	<ul><li>Yes</li><li>No</li><li>Uncertain</li></ul>	Incidence of active TB (1 RCT)	26/220 (11.8%)	48/200 (24.0%)	RR 0.492 (0.318-0.762)	122 fewer per 1000 (from 57 fewer to 164 fewer)	
	○ Equal	Adverse events (1 RCT)	27/650 (4.2%)	25/200 (12.5%)	RR 0.332 (0.197-0.559)	83 fewer per 1000 (from 55 fewer to 100 fewer)	
Balance of effects		Adverse events (1 observational study)	1/220 (0.5%)	5/264 (1.9%)	RR 0.24 (0.03-2.04)	14 fewer per 1000 (from 18 fewer to 20 more)	
Balance		Completion rate (1 RCT)	220/238 (92.4%)	200/232 (86.2%)	RR 1.07 (1.01-1.14)	60 more per 1000 (from 9 more to 121 more)	
		Completion rate (1 observational study)	48/72 (66.7%)	29/105 (27.6%)	RR 2.41 (1.70-3.43)	389 more per 1000 (from 193 more to 671 more)	
		were reported. Signific	cantly fewer children g e same study, higher f	given 4RH than those g	lies. In the RCT, no cases of cl given 9H developed new radio rate and fewer adverse events	ography abnormalities	
Certainty of evidence	What is the overall certainty of the evidence of effects? ○ Very low ● Low ○ Moderate ○ High ○ No included studies						Although the quality of the evidence was low, data on adult populations support the benefits of 3RH.
Values	Is there important uncertainty about or variability in how much people value the main outcomes?  Important uncertainty or variability  No important uncertainty uncertainty or variability	We conducted an onli (Annex 3). Data were rate the importance of and 1 is "not importan or "important" for the frequent intake. Fewer "important".					

Resources required	How large are the resource requirements (costs)?  Of reater resource requirements with the intervention  Less resource requirements with the intervention  Neither greater nor less  Varies  Don't Know	No evidence retrieved.	Treatment is shorter with 3RH than 6H/9H. Use of 3RH would require fewer resources, particularly because the drug combination is already being used for treatment of active TB.
Cost effectiveness	Does the cost- effectiveness of the  intervention favour  the intervention or the  comparison?  Favours the  comparison  Favours neither the  intervention nor the  comparison  Favours the  intervention  Varies  No included studies	No evidence retrieved.	Fewer resources required with 3RH, while its effectiveness is greater because of higher completion rate and safer profile. Cost-effectiveness favours 3RH in studies in adult populations.
Equity	What would be the impact on health equity? ○ Reduced ● Increased ○ Varies ○ Don't Know	No evidence retrieved.	The availability of more options would increase equity in accessing health services.
Acceptability	Is the intervention acceptable to key stakeholders? ○ No ● Yes ○ Varies ○ Don't Know	No evidence retrieved.	

Feasibility	Is the intervention feasible to implement?  ○ No  ● Yes  ○ Varies  ○ Don't Know	Co-administration of rifampicin with protease inhibitors is not recommended. Rifampicin is known to significantly lower plasma concentrations of dolutegravir, and the dosing schedule might have to be increased to to twice daily, but there are very few studies and limited clinical experience with this combination (57).	Drug interactions preclude its co-administration with protease inhibitors or nevirapine (e.g. infants born to HIV-positive mothers receiving nevirapine). Little concern about drug interactions in HIV-negative child contacts.
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# Summary of judgements

				Judgement				Implications
Problem	No			Yes		Varies	Don't Know	
Balance of effects	No		Equal	Yes			Uncertain	
Certainty of evidence	Very low	Low	Moderate	High			No included studies	
Values	Important uncertainty or variability			No important uncertainty or variability				
Resources required	Greater		Neither greater nor less		Less	Varies	Don't Know	
Cost-effectiveness	Favours the comparison		Favours neither the intervention or the comparison		Favours the intervention	Varies	No included studies	
Equity	Reduced				Increased	Varies	Don't Know	
Acceptability	No			Yes		Varies	Don't Know	
Feasibility	No			Yes		Varies	Don't Know	

#### Conclusions

Should 3-month daily rifampicin/isoniazid (3RH) be offered as preventive treatment option for children and adolescents < 15 years of age as an alternative to 6 or 9 months of isoniazid monotherapy in high-TB incidence countries?

Recommendation	In favour of  ☑	Against □	No recommendation						
Strength of recommendation	Strong ⊠	Conditional							
Recommendation		e offered as an alternative to 6 months of isoniazid monc B incidence. (Strong recommendation, low-quality evidenc	• • •						
Justification	The GDG unanimously agreed that the benefits of 3RH outweigh the harm, given its safer profile, higher completion rate than with isoniazid monotherapy and the availability of child-friendly fixed-dose combinations of rifampicin and isoniazid.  The GDG noted that, although the quality of the evidence was low, data on adult populations also support the benefits of 3RH. A systematic review of RCTs on preventive treatment options conducted in 2014 showed that the efficacy and the risk for hepatotoxicity are similar for 3RH and isoniazid monotherapy.  The GDG noted that use of 3RH would require fewer resources, given the shorter duration of treatment, which would reduce the number of clinic visits required. It also suggested that the initial cost of use of 3RH would be low, as it is already being used for treatment of active TB. The GDG agreed that cost-effectiveness favours 3RH because of the higher completion rate, safer profile and fewer resources required. The GDG also noted that, although direct evidence for the cost-effectiveness of 3RH in children is limited, the cost-effectiveness of shorter preventive treatment including 3RH is supported by a body of evidence in adult populations. The GDG agreed that there is no important uncertainty or variability in clients' values and preferences. It also agreed that the acceptability of 3RH is high, given its shorter duration and long use by health care workers for treatment of active TB disease.								
Subgroup considerations									
Implementation considerations	The GDG strongly encouraged use of paediatric fixed-dose combinations of rifampicin and isoniazid for children, as they will increase acceptability and feasibility. It also noted that 3RH should be prescribed with caution to people living with HIV who are on ART because of potential drug-drug interactions; the regimen cannot be co-administered with protease inhibitors or nevirapine. The GDG further emphasized the importance of surveillance systems for rifampicin-resistance TB.								
Monitoring and evaluation									
Research priorities	Further research on reliable methods for excluding act	tive TB among children.							

#### **GRADE** table

**Question:** Should 3-month daily rifampicin/isoniazid (3RH) be offered as preventive treatment option for children and adolescents < 15 years of age as an alternative to 6 or 9 months' isoniazid monotherapy in high-TB incidence countries?

#### Overall quality: low

			Quality assess	sment			No. of p	atients	E	ffect		
No. of studies	Study design	Risk of bias	Inconsistency	Indirectness	Imprecision	Other considerations	3-4-month daily rifampicin + isoniazid	6-9-month isoniazid monotherapy	Relative (95% CI)	Absolute (95% CI)	Quality	Importance
"RADIO	LOGICAL" TB D	ISEASE: (58)	(FOLLOW UP:	3-7 YEARS TO	7-11 YEARS; AS	SESSED WITH:	CHEST RADIO	RAPHY)				
1	RCT	Serious <sup>1</sup>	Not serious	Serious <sup>2</sup>	Not serious	None	26/220 (11.8%)	48/200 (24.0%)	RR 0.492 (0.318- 0.762)	122 fewer per 1000 (from 57 fewer to 164 fewer)	⊕⊕⊖⊖ Low	Critical
MORTA	LITY											
0									Cannot be estimated		-	Important
ADVER	SE EVENTS: (58)	(FOLLOW U	P: 3-7 YEARS T	O 7-11 YEARS;	ASSESSED BY	RECOGNITION	OF SYMPTOMS	AND ELEVATE	D LIVER ENZ	(MES)		
1	RCT	Very serious <sup>1,3</sup>	Not serious	Serious <sup>4</sup>	Not serious	None	27/650 (4.2%)	25/200 (12.5%)	RR 0.332 (0.197- 0.559)	83 fewer per 1000 (from 55 fewer to 100 fewer)	⊕○○○ Very low	Critical
ADVER	SE EVENTS: (59)	(FOLLOW U	P: MEDIAN 97-	197 DAYS; ASS	ESSED WITH: I	LIVER TOXICITY	TEST AND CLI	NICAL)				
1	Observational	Serious <sup>5</sup>	Not serious	Serious⁴	Serious <sup>6</sup>	None	1/220 (0.5%)	5/264 (1.9%)	RR 0.24 (0.03-2.04)	14 fewer per 1000 (from 18 fewer to 20 more)	⊕○○○ Very low	Critical
COMPL	ETION RATE: (5	8) (FOLLOW	UP: 3-7 YEARS	TO 7-11 YEARS	<b>5)</b> <sup>9</sup>							
1	RCT	Serious <sup>7</sup>	Not serious	Serious <sup>4</sup>	Not serious	None	220/238 (92.4%)	200/232 (86.2%)	RR 1.07 (1.01-1.14)	60 more per 1000 (from 9 more to 121 more)	⊕⊕⊖⊖ Low	Critical

			Quality asses	sment			No. of p	atients	E	Effect		
No. of studies	Study design	Risk of bias	Inconsistency	Indirectness	Imprecision	Other considerations	3-4-month daily rifampicin + isoniazid	6-9-month isoniazid monotherapy	Relative (95% CI)	Absolute (95% CI)	Quality	Importance
COMPL	COMPLETION RATE: (60) (ASSESSED FROM: COMPLETING > 80% OF TREATMENT WITHOUT INTERRUPTION OF > 2 MONTHS)											
1	Observational studies	Serious <sup>5</sup>	Not serious	Not serious	Serious <sup>8</sup>	None	48/72 (66.7%)	29/105 (27.6%)	RR 2.41 (1.70-3.43)	389 more per 1000 (from 193 more to 671 more)	⊕○○○ Very low	Critical
DRUG-F	DRUG-RESISTANT TB											
0									Cannot be estimated		-	Important

#### From references 58-60

- 1 Although there was a risk of selection bias, the characteristics of the two groups were similar. Patients with poor compliance were not included in the analysis of treatment outcomes. Downgraded by one level.
- <sup>2</sup> There was no clinical disease. The outcome reported was new radiography findings suggestive of possible active disease. No comparison with 6H. Downgraded by one level.
- <sup>3</sup> High risk of detection bias because of lack of blinding. The RH group included participants enrolled during the second period, whose characteristics were different; they were not randomized between the RH group and the 9H group. Downgraded by two levels.
- <sup>4</sup> No comparison with 6H. Downgraded by one level.
- <sup>5</sup> Risk of bias because of non-comparability of the two groups. Downgraded by one level.
- <sup>6</sup> Low event rate and wide 95% CI. Downgraded by one level.
- <sup>7</sup> Lack of blinding. Medication adherence test performed at home by parents. Although there was a risk of selection bias, the characteristics of the two groups were similar. Downgraded by one level.
- <sup>8</sup> Wide 95% CI. Downgraded by one level.
- 9 Adherence rates reported; compliance considered poor if no medication was detected in urine strips, if patients did not return for follow-up visits or if they were lost to follow-up. Poor compliance was considered non-completion in the analysis.

# PICO 6: Should 3-month weekly rifapentine and isoniazid be offered as an alternative regimen to isoniazid monotherapy for treatment of LTBI in high TB incidence countries?

Problem Option: Comparison:	Individuals with LTBI who are at high risk for active TB disease.  3-month weekly rifapentine and isoniazid (3HP).  Isoniazid monotherapy.	Background  Treatment of LTBI can reduce the risk for reactivation by 60–90%. WHO currently recommends two approaches for the management of LTBI, based on TB incidence and income.				
Main outcomes:	Incidence of active TB, mortality, adverse events, treatment completion, drug resistance.	For high-TB incidence countries, WHO recommends isoniazid preventive therapy for people living with HIV and children aged $<$ 5 years who are household contacts of people with TB. Th recent WHO guidelines provide several treatment options for high- or upper-middle-income				
Setting:	High-TB incidence countries (estimated TB incidence rate ≥ 100 per 100 000).	countries with low TB incidence. A previous systematic review suggested that the efficacy of the weekly regimen was similar to daily isoniazid regimens, with higher treatment completion rates and a safer profile.				
Perspective:	Health system and public health.	rates and a safer prome.				

#### **Assessment**

	Judgement	Research evidence	Additional considerations
Problem	Is the problem a priority?  ○ No  ● Yes  ○ Varies  ○ Don't Know	Uptake of LTBI treatment is still suboptimal, with only 38% of people living with HIV newly enrolled in care and 7.1% of child household contacts < 5 years started on preventive treatment in 2015. A systematic review (56) showed that failure to complete treatment accounts for a large loss in the cascade of care for LTBI management. A previous review of LTBI treatment options (61) suggested that the efficacy of the weekly regimen was similar to that of daily isoniazid, with higher treatment completion rates and a safer profile. Therefore, 3HP could significantly facilitate scaling-up of LTBI treatment in high-TB incidence countries.	
Balance of effects	Do the benefits outweigh the harm?  ● Yes ○ No ○ Equal ○ Uncertain	We conducted a systematic review with the following subgroup analyses: adults with HIV, adults without HIV, and children and adolescents. Regardless of subgroup, there was no significant difference in the incidence of active TB in participants given 3HP and 6-months' isoniazid (6H) or 9-months' isoniazid (9H). 3HP was associated with higher completion rates (RR, 1.09-1.25) and fewer adverse events (RR, 0.63-0.88) than 6 or 9 months' isoniazid monotherapy in all subgroups. In a comparison of 3HP and continuous isoniazid, the trial showed no significant difference in TB incidence in the intention-to-treat analysis; however, a per-protocol analysis showed a lower rate of TB or deaths among participants given continuous isoniazid rather than 3HP. 3HP was associated with significantly fewer adverse events than continuous isoniazid (RR 0.20, 95% CI 0.12;0.32).	
Certainty of evidence	What is the overall certainty of the evidence of effects? O Very low Low Moderate High No included studies	The overall quality of the evidence was considered high for the comparison between 3HP and 6/9H in adults with HIV, moderate in adults without HIV and in children and adolescents. It was considered moderate for the comparison of 3HP with continuous isoniazid in adults with HIV.	

Values	Is there important uncertainty about or variability in how much people value the main outcomes?  O Important uncertainty or variability  No important uncertainty or variability	We conducted an online survey to solicit the values and preferences of individuals affected by the recommendations (Annex 3). Data were available from 142 respondents, including 10 reported as HIV-positive. The respondents were asked to rate the importance of each attribute of the LTBI treatment regimen on a five-point scale on which 5 is "very important" and 1 is "not important". More than 90% of the respondents considered the following attributes of preventive treatment to be very important or important: shorter duration, fewer side-effects, fewer visits to the clinic and fewer pills. Fewer respondents rated "less frequent intake" and "no need for DOT" as very important or important (77.3% and 74.4%, respectively). Similarly, while less than 80% of the participants rated "no need for DOT" as very important or important for their children, all the other attributes were rated as very important or important by 90–100%.	
Resources required	How large are the resource requirements (costs)?  Greater resource requirements with the intervention  Less resource requirements with the intervention  Neither greater nor less  Varies  Don't Know	No evidence retrieved.	Implementation of 3HP would require more resources, particularly if it is to be given under DOT.
Cost effectiveness	Does the cost- effectiveness of the  intervention favour  the intervention or the  comparison?  Favours the  comparison  Favours neither the  intervention nor the  comparison  Favours the  intervention  Varies  No included studies	In a cost-effective analysis of 3HP in the USA (62), the cost was assumed to be U\$\$6.00 per 900-mg dose of rifapentine and U\$\$0.05 per dose of isoniazid. Over 20 years, 3HP given by DOT would cost the health system U\$\$8861 more per TB case prevented and U\$\$1879 more per quality-adjusted life year gained than 9H. From the social perspective, 3HP given by DOT was considered cost-saving. The study also found that, if adherence to self-administered 3HP is maintained at levels achieved by DOT, 3HP given by self-administration would cost less than 9H from both a health system and a social perspective.	Varies in different settings depending on cost of the drug and mode of administration (DOT or self-administration).

	What would be the impact on health equity? O Reduced Increased Varies Don't Know	No evidence retrieved.	The availability of more options is generally considered to increase equity.
V	Is the intervention acceptable to key stakeholders?  O No O Yes Varies O Don't Know	No evidence retrieved.	Acceptability varies by risk group and setting, including mode of administration (self-administration or DOT).
in i	Is the intervention feasible to implement?  O No O Yes Varies O Don't Know	In all the RCTs in the review, 3HP was administered under DOT. Non-inferiority of self-administered 3HP with or without text reminders for DOT was not established in the overall study population. Non-inferiority was achieved in a subgroup analysis among participants in the USA.  Studies of pharmacokinetics suggest that rifapentine can be co-administered with efavirenz or raltegravir without dose adjustment. A study of the pharmacokinetics of co-administration of dolutegravir and 3HP was terminated prematurely because of the development of an influenza-like syndrome and elevated liver transaminases in two of four participants. Data on co-administration of rifapentine with other antiretroviral drugs are limited; however, as rifapentine is a potent inducer of P450 enzymes and the P-glycoprotein transport system, interactions with some antiretroviral drugs are expected. No significant interaction is expected when co-administered with abacavir, emtricitabine, tenofovir-DF, lamivudine or zidovudine. Potential interactions are expected with nevirapine and protease inhibitors. In addition, although co-administration has not been studied, rifapentine is expected to significantly reduce plasma concentrations of tenofovir alafenamide, etravirine and rilpivirine.	Feasibility depends on settings and risk groups and is mainly affected by the mode of delivery and drug interactions. The GDG noted unpublished data that suggested the effectiveness and acceptability of selfadministration.

# Summary of judgements

				Judgement				Implications
Problem	No			Yes		Varies	Don't Know	
Balance of effects	No		Equal	Yes			Uncertain	
Certainty of evidence	Very low	Low	Moderate	High			No included studies	
Values	Important uncertainty or variability			No important uncertainty or variability				
Resources required	Greater		Neither greater nor less		Less	Varies	Don't Know	
Cost-effectiveness	Favours the comparison		Favours neither the intervention nor the comparison		Favours the intervention	Varies	No included studies	
Equity	Reduced				Increased	Varies	Don't Know	
Acceptability	No			Yes		Varies	Don't Know	
Feasibility	No			Yes		Varies	Don't Know	

#### Conclusions

# Should 3-month weekly rifapentine and isoniazid be offered as an alternative regimen to isoniazid monotherapy for treatment of LTBI in high-TB incidence countries?

Recommendation	In favour of	Against	No recommendation							
Strength of recommendation	Strong	Conditional ⊠								
Recommendation	Rifapentine and isoniazid weekly for 3 months may be children in countries with a high TB incidence. (Condit		rid monotherapy as preventive treatment for both adults and )							
Justification	isoniazid monotherapy.  The GDG noted that use of 3HP would require more resuggested that 3HP may be more cost-saving than 9-cost of the drug and mode of administration, which we have was consensus in the GDG that the acceptability.	The GDG noted that use of 3HP would require more resources, particularly if 3HP is administered by DOT. One cost-effectiveness study conducted in the USA suggested that 3HP may be more cost-saving than 9-months isoniazid. There was consensus in the GDG that the cost-effectiveness of 3HP depends mainly on the cost of the drug and mode of administration, which would affect the costs to patients and health systems.  There was consensus in the GDG that the acceptability of 3HP varies by risk group and setting, due mainly to the mode of administration (self-administration or DOT). The GDG considered that adding 3HP as an alternative to isoniazid would provide more options and hence increase equity.								
Subgroup considerations	The GDG recognized the lack of data on use of 3HP in	The GDG recognized the lack of data on use of 3HP in pregnant women and children < 2 years and stressed the need for data on these populations.								
Implementation considerations	There is little further evidence on use of the 3-month barrier to the implementation.  3HP should be prescribed with caution to people living be administered to patients receiving efavirenz-based.	regimen of weekly rifapentine plus isoniazid. The gwith HIV who are on ART because of potential antiretroviral regimens without dose adjustmend well tolerated. Rifapentine-containing regimer	o self-administered treatment of 3HP is not inferior to DOT. we GDG noted that a requirement for DOT could be a significant  I drug-drug interactions. The GDG noted that the 3HP can ent, according to a study of pharmacokinetics. Administration ent in should not be administered with dolutegravir until more a variety of drugs, particularly ART.							
Monitoring and evaluation	The GDG stressed the importance of recording and reporting on the provision and completion of TB preventive treatment according to standardized indicators, in order to monitor progress in implementation.									
<ul> <li>Value of self-administration of 3HP.</li> <li>Studies of pharmacokinetics with a variety of drugs, particularly ART.</li> <li>Use of 3HP in pregnant women and children &lt; 2 years old.</li> </ul>										

#### **GRADE** tables

**Question:** Should a 3-month regimen of weekly rifapentine plus isoniazid be offered as an alternative regimen to daily isoniazid monotherapy for treatment of LTBI in high-TB incidence countries?

Population: Adults with HIV

**Comparison:** 6 or 9 months of isoniazid monotherapy

#### Overall quality: high

			Quality asse	ssment			No. of pa	tients	Ef	ffect		
No. of studies	Study design	Risk of bias	Inconsistency	Indirectness	Imprecision	Other considerations	3-month weekly RPT+isoniazid	6 or 9 months isoniazid	Relative (95% CI)	Absolute (95% CI)	Quality	Importance
ACTIVE 1	ГВ											
2	RCTs	Not serious	Not serious	Not serious <sup>1</sup>	Serious <sup>2</sup>	None	26/534 (4.9%)	28/520 (5.4%)	RR 0.733 (0.234- 2.295)	14 fewer per 1000 (from 41 fewer to 70 more)	⊕⊕⊕⊖ Moderate	Critical
ALL-CAU	SE MORTA	LITY										
2	RCTs	Not serious	Not serious	Not serious <sup>1</sup>	Serious <sup>2</sup>	None	23/535 (4.3%)	30/513 (5.8%)	RR 0.746 (0.438- 1.270)	15 fewer per 1000 (from 16 more to 33 fewer)	⊕⊕⊕⊖ Moderate	Important
ANY AD	/ERSE EVE	NT (GRADE III	OR IV)									
2	RCTs	Serious <sup>3</sup>	Not serious	Not serious <sup>1</sup>	Not serious	None	39/535 (7.3%)	59/513 (11.5%)	RR 0.627 (0.426- 0.921)	43 fewer per 1000 (from 9 fewer to 66 fewer)	⊕⊕⊕⊖ Moderate	Critical
HEPATO	<b>FOXICITY</b>											
2	RCTs	Not serious <sup>4</sup>	Not serious	Not serious <sup>1</sup>	Not serious	None	8/535 (1.5%)	30/513 (5.8%)	RR 0.256 (0.118- 0.553)	44 fewer per 1000 (from 26 fewer to 52 fewer)	⊕⊕⊕⊕ High	Critical
DRUG-RE	SISTANT	ТВ										
2	RCTs	Not serious	Not serious	Not serious <sup>1</sup>	Very serious <sup>5</sup>	None	3/534 (0.6%)	1/520 (0.2%)	RR 2.001 (0.259- 15.436)	2 more per 1000 (from 1 fewer to 28 more)	⊕⊕⊖⊖ Low	Important

COMPLE	COMPLETION RATE											
2	RCTs	Not serious	Not serious	Not serious <sup>1</sup>	Not serious	None	497/534 (93.1%)	397/520 (76.3%)	RR 1.255 (1.014- 1.553)	195 more per 1000 (from 11 more to 422 more)	⊕⊕⊕⊕ High	Critical

#### From references 63 and 64

- 1 Although one of the trials was conducted in low-TB incidence countries, this is unlikely to affect the relative effect of RPT/isoniazid compared with isoniazid monotherapy. Not downgraded.
- <sup>2</sup> 95% CIs of both relative and absolute effect indicate appreciable benefit and harm with 3HP.
- <sup>3</sup> Both trials were open-label, which may have introduced bias in ascertainment of adverse events.
- 4 Although the trials were open-label, this is unlikely to affect detection of hepatotoxicity, which is usually done by objective measurement (i.e. blood tests). Not downgraded.
- <sup>5</sup> Very low event rates. Upper limit of 95% CIs of both relative and absolute effect include appreciable harm with 3HP. Downgraded by two levels.

**Question:** Should a 3-month regimen of weekly rifapentine plus isoniazid be offered as an alternative regimen to daily isoniazid monotherapy for treatment of LTBI in high-TB incidence countries?

Population: Adults with HIV

**Comparison:** Continuous isoniazid monotherapy

#### Overall quality: moderate

			Quality ass	essment			No. of p	patients	Eff	ect		
No. of studies	Study design	Risk of bias	Inconsistency	Indirectness	Imprecision	Other considerations	3-month weekly RPT+isoniazid	Continuous isoniazid	Relative (95% CI)	Absolute (95% CI)	Quality	Importance
ACTIVE	ГВ											
1	RCT	Not serious	Not serious	Not serious	Serious¹	None	24/328 (7.3%)	8/164 (4.9%)	RR 1.500 (0.689-3.265)	24 more per 1000 (from 15 fewer to 110 more)	⊕⊕⊕○ Moderate	Critical
ALL-CAU	SE MORTA	ALITY										
1	RCT	Not serious	Not serious	Not serious	Serious <sup>1</sup>	None	17/328 (5.2%)	8/164 (4.9%)	RR 1.063 (0.468-2.410)	3 more per 1000 (from 26 fewer to 69 more)	⊕⊕⊕⊖ Moderate	Important
ANY AD	/ERSE EVE	NTS (GRAI	DE III OR IV)									
1	RCT	Serious <sup>2</sup>	Not serious	Not serious	Not serious	None	21/328 (6.4%)	53/164 (32.3%)	RR 0.198 (0.124-0.317)	259 fewer per 1000 (from 221 fewer to 283 fewer)	⊕⊕⊕○ Moderate	Critical

HEPATO	TOXICITY											
1	RCT	Not serious³	Not serious	Not serious	Not serious	None	5/328 (1.5%)	46/164 (28.0%)	RR 0.054 (0.022-0.134)	265 fewer per 1000 (from 243 fewer to 274 fewer)	⊕⊕⊕⊕ High	Critical
DRUG-RI	ESISTANT '	ТВ										
1	RCT	Not serious	Not serious	Not serious	Very serious <sup>4</sup>	None	2/328 (0.6%)	1/164 (0.6%)	RR 1.000 (0.091- 10.948)	0 fewer per 1000 (from 6 fewer to 61 more)	⊕⊕⊖⊖ Low	Important
COMPLE	TION RATE	•										
1	RCT	Not serious	Not serious	Not serious	Not serious	None	314/328 (95.7%)	99/164 (60.4%)	RR 1.586 (1.398-1.799)	354 more per 1000 (from 240 more to 482 more)	⊕⊕⊕⊕ High	Critical

#### From reference 63

- <sup>1</sup> 95% CIs of both relative and absolute effect indicate appreciable benefit and harm with 3HP.
- <sup>2</sup> The trial was open-label, which may have introduced bias in ascertainment of adverse events.
- 3 Although the trial was open-label, this is unlikely to affect detection of hepatotoxicity, which is usually done by objective measurement (i.e. blood tests). Not downgraded.
- 4 Very low event rates. The upper limits of 95% CIs of both relative and absolute effect indicate appreciable harm with 3-month weekly RPT and isoniazid. Downgraded by two levels.

**Question:** Should a 3-month regimen of weekly rifapentine plus isoniazid be offered as an alternative regimen to daily isoniazid monotherapy for treatment of LTBI in high-TB incidence countries?

Population: Adults without HIV

**Comparison:** 6 or 9 months of isoniazid monotherapy

#### Overall quality: moderate

			Quality asse	essment			No. of p	patients	Eff	ect		
No. of studies	Study design	Risk of bias	Inconsistency	Indirectness	Imprecision	Other considerations	3-month RPT+isoniazid	6 or 9 months' isoniazid	Relative (95% CI)	Absolute (95% CI)	Quality	Importance
ACTIVE	ТВ											
1	RCT	Not serious	Not serious	Serious¹	Not serious <sup>2</sup>	None	7/3986 (0.2%)	15/3745 (0.4%)	RR 0.438 (0.179-1.074)	2 fewer per 1000 (from 0 fewer to 3 fewer)	⊕⊕⊕○ Moderate	Critical
ALL-CA	USE MOR	TALITY										
1	RCT	Not serious	Not serious	Serious¹	Not serious <sup>3</sup>	None	31/3986 (0.8%)	39/3759 (1.0%)	RR 0.740 (0.462-1.183)	3 fewer per 1000 (from 2 more to 6 fewer)	⊕⊕⊕○ Moderate	Important
ANY AD	VERSE E	VENTS (GRAD	DE III OR IV)									
1	RCT	Serious <sup>4</sup>	Not serious	Serious <sup>1</sup>	Not serious	None	229/4040 (5.7%)	244/3759 (6.5%)	RR 0.873 (0.733-1.040)	8 fewer per 1000 (from 3 more to 17 fewer)	⊕⊕⊖⊖ Low	Critical
HEPATO	тохісіт	Υ										
1	RCT	Not serious⁵	Not serious	Serious <sup>1</sup>	Not serious	None	18/4040 (0.4%)	103/3759 (2.7%)	RR 0.163 (0.099-0.268)	23 fewer per 1000 (from 20 fewer to 25 fewer)	⊕⊕⊕○ Moderate	Critical
DRUG-F	RESISTAN	ТТВ										
1	RCT	Not serious	Not serious	Serious <sup>1</sup>	Not serious <sup>3</sup>	None	1/3986 (0.0%)	2/3745 (0.1%)	RR 0.470 (0.043-5.179)	0 fewer per 1000 (from 1 fewer to 2 more)	⊕⊕⊕○ Moderate	Important

СОМР	COMPLETION RATE											
1	RCT	Not serious	Not serious	Serious <sup>1</sup>	Not serious	None	3273/3985 (82.1%)	2585/3745 (69.0%)	RR 1.190 (1.159-1.221)	131 more per 1000 (from 110 more to 153 more)	⊕⊕⊕○ Moderate	Critical

#### From reference 65

- No study provided a comparison with 6 months of isoniazid. The study included 2.7% HIV-positive participants. Although the trial was conducted in low-TB incidence countries, this is unlikely to affect the effect of RPT/isoniazid as compared with isoniazid monotherapy. Downgraded by one level.
- <sup>2</sup> Although the 95% CI of the RR is wide, there were few events, and the CI of the absolute effect is narrow. The result also met pre-stated non-inferiority margin. Not downgraded.
- <sup>3</sup> Although the 95% CI of the RR is wide, there were few events, and the CI of the absolute effect is narrow. Not downgraded.
- <sup>4</sup> The open-label design of the trial may have introduced ascertainment bias. Downgraded by one level.
- 5 Although the trial was open-label, this is unlikely to affect detection of hepatotoxicity, which is usually done by objective measurement (i.e. blood tests). Not downgraded.

Question: Should a 3-month regimen of weekly rifapentine plus isoniazid be offered as an alternative regimen to daily isoniazid monotherapy for treatment of LTBI in high-TB incidence countries?

**Population:** Children and adolescents **Comparison:** 6 or 9 months' isoniazid

Overall quality: moderate

			Quality assess	ment			No. of p	patients	E	ffect		
No. of studies	Study design	Risk of bias	Inconsistency	Indirectness	Imprecision	Other considerations	3-month RPT+isoniazid	6 or 9 months isoniazid	Relative (95% CI)	Absolute (95% CI)	Quality	Importance
<b>ACTIVE T</b>	В											
1	RCT	Not serious	Not serious	Serious <sup>1</sup>	Not serious <sup>2</sup>	None	0/471 (0.0%)	3/434 (0.7%)	RR 0.132 (0.007- 2.542)	6 fewer per 1000 (from 7 fewer to 11 more)	⊕⊕⊕⊖ Moderate	Critical
ALL-CAU	SE MORTALIT	Υ										
1	RCT	Not serious	Not serious	Serious <sup>1</sup>	Not serious <sup>3</sup>	None	0/539 (0.0%)	2/493 (0.4%)	RR 0.183 (0.009- 3.802)	3 fewer per 1000 (from 4 fewer to 11 more)	⊕⊕⊕⊖ Moderate	Important
ANY ADV	ERSE EVENT	(GRADE III OR	riv)									
1	RCT	Serious <sup>4</sup>	Not serious	Serious <sup>1</sup>	Not serious <sup>3</sup>	None	7/539 (1.3%)	8/493 (1.6%)	RR 0.875 (0.320- 2.396)	2 fewer per 1000 (from 11 fewer to 23 more)	⊕⊕⊖⊖ Low	Critical

НЕРАТОТ	OXICITY											
1	RCT	Not serious <sup>5</sup>	Not serious	Serious <sup>1</sup>	Not serious	None	0/539 (0.0%)	0/493 (0.0%)	Cannot be estimated	0 fewer per 1000 (from 4 fewer-4 more)	⊕⊕⊕○ Moderate	Critical
DRUG-RE	SISTANT TB											
0									Cannot be estimated		-	Important
COMPLET	TION RATE											
1	RCT	Not serious	Not serious	Serious <sup>1</sup>	Not serious	None	415/471 (88.1%)	351/434 (80.9%)	RR 1.089 (1.030- 1.153)	72 more per 1000 (from 24 more to 124 more)	⊕⊕⊕⊖ Moderate	Critical

#### From reference 66

No study provided a comparison with 6 months of isoniazid. Although the trial was conducted in low-TB incidence countries, this is unlikely to affect the relative effect of RPT/isoniazid as compared with isoniazid monotherapy. Downgraded by one level.

<sup>&</sup>lt;sup>2</sup> Although the 95% CI of the RR is wide, there were few events, and the CI of the absolute effect is narrow. The result also met pre-stated non-inferiority margin. Not downgraded.

<sup>&</sup>lt;sup>3</sup> Although the 95% CI of the RR is wide, there were few events, and the CI of the absolute effect is narrow. Not downgraded.

<sup>&</sup>lt;sup>4</sup> The open-label design of the trial may have introduced ascertainment bias.

<sup>5</sup> Although the trial was open-label, this is unlikely to affect detection of hepatotoxicity, which is usually done by objective measurement (i.e. blood tests). Not downgraded.

## PICO 7: Should preventive treatment be recommended for contacts of patients with multidrug-resistant or rifampicin-resistant TB?

Problem	Contacts of people with MDR or rifampicin-resistant TB.	Background
Option:	Tailored preventive treatment.	People who have been in close contact with a TB case and who have become infected with M. tuberculosis are at high risk of progression to active disease, especially in the first 2 years after infection. Although
Comparison:	No treatment (only follow-up observation).	TB preventive treatment is part of many TB control programmes, isoniazid monotherapy is unlikely to
Main outcomes:	Incidence of active TB disease, incidence of MDR-TB. mortality, adverse events.	be effective in contacts of MDR-TB cases. In 2014, a guideline development group convened by WHO reviewed the evidence on use of preventive treatment of contacts of people with MDR-TB but could
Setting:	High- and low-TB incidence countries.	not make a recommendation because of the limited quality of the evidence. Rifampicin-resistant TB is considered a proxy for MDR-TB.
Perspective:	Health system and public health.	considered a proxy for MDR 15.

#### Assessment

	Judgement		Research evidence									
Problem	Is the problem a priority?  ○ No  ● Yes  ○ Varies  ○ Don't know	health securit people died as	Drug-resistant TB continues to threaten global TB control, remains a major public health concern and poses a global nealth security risk. An estimated 580 000 people developed MDR or rifampicin-resistant TB in 2015, and 250 000 people died as a result (67). Prevention of MDR-TB would reduce the global burden and also address demands from ndividuals to be protected against development of MDR-TB.									
	Do the benefits outweigh the harm?  ● Yes ○ No ○ Equal	rifampicin-res The table belo	istant TB. T w summari	he review cove	red 10 studies after exclusion	with control groups,	nent for contacts of patients wit of which five found no TB case participants who completed pr	in either group.				
	O Uncertain	Outcomes	Reference	Intervention	Control	Relative effect (OR) (95% CI)	Difference (95% CI)	Follow-up				
		Incidence of active TB	68	2/41 (4.9%)	13/64 (20.3%)	0.20 (0.04-0.94)	154 fewer per 1000 (273 fewer to 36 fewer)	30 months				
			69	0/93 (0%)	3/15 (20%)	0.02 (0.00-0.39)	200 fewer per 1000 (403 fewer to 3 more)	36 months				
effects			70	0/21(0%)	0/10 (0%)	-	0 more per 1000 (138 fewer to 138 more)	12 months				
Balance of			71	0/30 (0%)	0/166 (0%)	-	0 more per 1000 (45 fewer to 45 more)	≤ 9 years				
Bal		Incidence of MDR-TB	69	0/93 (0%)	3/15 (20%)	0.02(0.00-0.39)	200 fewer per 1000 (403 fewer to 3 more)	36 months				
			70	0/21 (0%)	0/10 (0%)	-	0 more per 1000 (138 fewer to 138 more)	12 months				
			71	0/30 (0%)	0/166 (0%)	-	0 more per 1000 (45 fewer to 45 more)	≤ 9 years				
		four studies, ≥ events, define The median p	50% of pard as hospitate of as hospitate of the contraction of	rticipants expe llization or irrev participants w	rienced at leas versible morbio ho discontinue	t one adverse event. lity, attributable to fled treatment because	nt pain, headache, dizziness and Bamrah et al. (69) reported no s uoroquinolone-based preventiv e of adverse events in all studies fampicin-resistant TB.	serious adverse re treatment.				

Certainty of evidence	What is the overall certainty of the evidence of effects?  Very low  Low  Moderate  High  No included studies	The overall quality of the evidence was very low because of very serious risks of bias and imprecision. In the study by Trieu et al. (71), active TB was ascertained during follow-up by checking cases identified in the TB registry. A meta-analysis was not conducted because of the heterogeneity of the drugs used.	
Values	Is there important uncertainty about or variability in how much people value the main outcomes?  Important uncertainty or variability  No important uncertainty uncertainty or variability  Minimal uncertainty	We conducted an online survey to solicit the values and preferences of individuals affected by the recommendations (Annex 3). Data were available from 142 respondents. More than 80% of the respondents reported that they would strongly or somewhat prefer to receive preventive treatment or give it to their children if they were exposed to someone with MDR-TB disease in the household. The reasons for not preferring preventive treatment included: limited evidence on preventive treatment for MDR-TB and concern about side-effects and development of drug resistance.	There is uncertainty about the characteristics of respondents.
Resources required	How large are the resource requirements (costs)?  Greater resource requirements with the intervention  Less resource requirements with the intervention  Neither greater nor less  Varies  Don't know		

Cost effectiveness	Does the cost- effectiveness of the  intervention favour  the intervention or the  comparison?  Favours the  comparison  Favours neither the  intervention nor the  comparison  Favours the  intervention  Varies  No included studies		Providing preventive treatment could be cost-effective by preventing MDR-TB cases in settings with low transmission of MDR-TB. In settings with high risk of MDR-TB transmission, the potential benefit may wane and the cost-effectiveness becomes uncertain. The need for drug susceptibility testing, regimens used, risk of re-infection and adverse events could also affect cost-effectiveness.
Equity	What would be the impact on health equity? ○ Reduced ● Increased ○ Varies ○ Don't know		
Acceptability	Is the intervention acceptable to key stakeholders? ○ No ● Yes ○ Varies ○ Don't know	Some national or clinical guidelines already recommend preventive treatment for contacts of MDR-TB (72–74).	Preventive treatment could be acceptable, particularly to patients and health care workers. The intervention may not be acceptable in some settings, particularly to programme managers for fear of development of XDR-TB and little experience in using TB preventive treatment for drugsusceptible TB.
Feasibility	Is the intervention feasible to implement?  O No Yes O Varies O Don't know		·

# Summary of judgements

				Judgement				Implications
Problem	No			Yes		Varies	Don't Know	
Balance of effects	No		Equal	Yes			Uncertain	
Certainty of evidence	Very low	Low	Moderate	High			No included studies	
Values	Important uncertainty or variability		Minimal uncertainty	No important uncertainty or variability				
Resources required	Greater		Neither greater nor less		Less	Varies	Don't Know	
Cost-effectiveness	Favours the comparison		Favours neither the intervention nor the comparison		Favours the intervention	Varies	No included studies	
Equity	Reduced				Increased	Varies	Don't Know	
Acceptability	No			Yes		Varies	Don't Know	
Feasibility	No			Yes		Varies	Don't Know	

### Conclusions

Should preventive treatment be recommended for contacts of patients with MDR or rifampicin-resistant TB?

Recommendation	In favour of ⊠	Against	No recommendation □							
Strength of recommendation	Strong	Conditional ⊠								
Recommendation	In selected high-risk household contacts of patients vassessment and a sound clinical justification. (Condition)	-	preventive treatment may be considered based on individualised risk evidence)							
	Remarks  The preventive treatment should be individualized after a careful assessment of the intensity of exposure, the certainty of the source case, reliable information on the drug resistance pattern of the source case and potential adverse events. The preventive treatment should be given only to household contacts at high risk (e.g. children, people receiving immunosuppressive therapy and people living with HIV). The drugs should be selected according to the drug susceptibility profile of the source case. Confirmation of infection with LTBI tests is required. This recommendation must not affect on-going placebo-controlled clinical trials of MDR-TB contacts on ethical grounds. The results of such clinical trials are crucial for updating this recommendation. Strict clinical observation and close monitoring for the development of active TB disease for at least 2 years are required, regardless of the provision of preventive treatment.									
Justification	Overall, the GDG judged that the potential benefits of targeted preventive treatment for MDR-TB contacts based on individual risk assessments outwein harm but acknowledged uncertainty about the efficacy of the intervention due to the lack of RCTs. It also noted that provision of preventive treatment for TB contacts would be acceptable, particularly to patients and health care workers. The GDG stressed that treatment should be given to selected individual a careful risk assessment, including intensity of exposure, certainty of the source case, reliable information on the drug resistance pattern of the index of potential adverse events. It should be given only to household contacts at high risk (e.g. children, people on immunosuppressive therapy and people living Confirmation of infection by LTBI testing is required before individualized treatment is initiated.									
Subgroup considerations										
Implementation considerations	associated with each drug are listed in the Companio Adverse effects should be monitored according to the that strict clinical observation and close monitoring for	n handbook to the WHO guidelines for e WHO framework for monitoring and or active TB disease based on sound of	adverse events depend on the drugs used. Common adverse events or the programmatic management of drug-resistant tuberculosis (75). d managing the safety of drugs against active TB (76). The GDG reiterated clinical practice and national guidelines for at least 2 years is required, interactions with antiretroviral, immunosuppressant and other drugs when							
		e uncertainty about the balance of be	iled information about the benefits and harms of the preventive treatment enefit to harm, informed consent, preferably in writing, is required, based							

Monitoring and	Selection of drug regimen The regimen of preventive treatment of MDR-TB contacts should be based on reliable information on the drug resistance profile of the source case. Later-generation fluoroquinolones (e.g. levofloxacin and moxifloxacin) are considered to be important components of a preventive treatment regimen unless the strain of the source case is resistant to them. Although there has been concern about the use of fluoroquinolones in children because retardation of cartilage development was shown in animals, similar effects have not been demonstrated in humans. There is limited evidence for the duration of treatment, and this should be based on clinical judgement. The regimens used in the studies conducted so far were given for 6, 9 and 12 months.  Resources and feasibility For a programmatic approach, all the necessary resources should be in place, including for quality-assured testing for drug susceptibility, the necessary medications and a system for close monitoring of harm and adverse events. The feasibility of providing preventive treatment should be carefully assessed according to the availability of resources and the history and status of preventive treatment for drug-susceptible TB.
evaluation	
Research priorities	<ul> <li>Adequately powered RCTs to update the recommendation on preventive treatment for MDR-TB contacts.</li> <li>Effectiveness and safety of preventive treatment for MDR contacts under operational conditions.</li> <li>Further evidence on risk of progression to active TB among MDR contacts to understand the benefits of preventive treatment.</li> </ul>

### **GRADE** table

Question: Should preventive treatment be recommended for contacts of patients with MDR or rifampicin-resistant TB?

Overall quality: very low

Quality assessment							No. of patients		Effect			
No. of studies	Study design	Risk of bias	Inconsistency	Indirectness	Imprecision	Other considerations	Preventive treatment	No treatment	Relative (95% CI)	Absolute (95% CI)	Quality	Importance
INCIDENCE OF ACTIVE TB DISEASE (BOTH DRUG-SUSCEPTIBLE AND DRUG-RESISTANT TB)												
4	Observational	Very serious <sup>1</sup>	Not serious	Not serious	Very serious²	None	2/41 (4.9%)	13/64 (20.3%)	0.20 (0.04-0.94) <sup>3</sup>	154 fewer per 1000 (273 fewer to 36 fewer)	⊕○○○ Very low	Critical
							0/93 (0%)	3/15 (20%)	0.02 (0.00-0.39) <sup>4</sup>	200 fewer per 1000 (403 fewer to 3 more)		
							0/21(0%)	0/10 (0%)	_5	0 more per 1000 (138 fewer to 138 more)		
							0/30 (0%)	0/166 (0%)	_6	0 more per 1000 (45 fewer to 45 more)		
INCIDEN	CE OF MDR-TB											
37	Observational	Very serious <sup>1</sup>	' INOT CATIONS	s Not serious	Very serious²	None	0/93 (0%)	3/15 (20%)	0.02 (0.00-0.39) <sup>4</sup>	200 fewer per 1000 (403 fewer to 3 more)	⊕○○○ Very low	Critical
							0/21(0%)	0/10 (0%)	_5	0 more per 1000 (138 fewer to 138 more)		
							0/30 (0%)	0/166 (0%)	_6	0 more per 1000 (45 fewer to 45 more)		

MORTALITY												
0	No evidence available								Cannot be estimated		-	Important
ADVERSE EVENTS												
0	No evidence available								Cannot be estimated		-	Critical
DEVELOPMENT OF DRUG RESISTANCE												
0	No evidence available											Important

From references 68-71. Five studies in which fewer than 20 participants completed preventive TB treatment were excluded, as was a study by Kristi (77), in which only isoniazid monotherapy was used.

- Risk of bias in selection of the control group, and confounders were not adjusted for in any study. Downgraded by two levels.
- <sup>2</sup> Small sample sizes and wide 95% Cls. Downgraded by two levels.
- <sup>3</sup> Reference 68
- 4 Reference 69
- 5 Reference 70
- 6 Reference 71
- <sup>7</sup> The study by Shaaf et al. (68) was excluded as the incidence of MDR-TB was not reported.

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